

Scientifically Advanced Nutritional Protection That Eases the Daily Discomforts of Pregnancy

Rainbow Light's Complete Prenatal System™ multivitamin nurtures mother and baby throughout pregnancy. It:

- **Delivers Research-Based Nutrition**—from protective potencies of the full range of vitamins and minerals critical to supporting a baby's healthy development and a mother's vitality, featuring 1,000 mg of calcium, 800 mcg of folic acid and 30 mg of non-constipating iron.
- **Eases Pregnancy Discomforts**—such as leg cramps, swelling, nausea, heartburn and fatigue, featuring magnesium, potassium, high-potency B vitamins and energizing green foods for targeted support.
- **Is Gentle on the Stomach**—featuring plant-source enzymes, fresh ginger juice and chamomile to ease digestive discomforts.*

SUGGESTED USAGE: While pregnant or nursing, 6 tablets daily, with or between meals.

All purchases of Rainbow Light's prenatal multivitamins support our ongoing 10:1 donations to the Vitamin Angel Alliance's Maternal Health Project.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

GUARANTEE: 100% natural—free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Hypoallergenic. Contains no sugar, lactose, gluten, or allergenic yeasts.



Formulated & distributed by
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NUTRITIONAL SYSTEMS
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RAINBOW
LIGHT®

Food Based™
**Complete
Prenatal System™**
#1-Seller

Research-Based Nutrition
Protective Potencies
Supports Mother & Baby

360 Multivitamin Supplement Tablets

Supplement Facts		Six Tablets Provide		%DV
Serving Size 6 Tablets		Six Tablets Provide		%DV
Vitamin A (50% Beta-Carotene 50% Palmitate)		5,000 IU	----	62%
Vitamin C (Ascorbic Acid)		250 mg	----	417%
Vitamin D ₃ (Cholecalciferol)		400 IU	----	100%
Vitamin E (d-alpha Tocopheryl Succinate)		200 IU	----	667%
Thiamin (Vitamin B-1)		30 mg	----	1765%
Riboflavin (Vitamin B-2)		35 mg	----	1750%
Niacin (Vitamin B-3)		40 mg	----	200%
Pyridoxine (Vitamin B-6)		20 mg	----	800%
Folic Acid		800 mcg	----	100%
Cyanocobalamin (Vitamin B-12)		60 mcg	----	750%
Biotin		600 mcg	----	200%
Pantothenic Acid (Vitamin B-5)		60 mg	----	600%
Calcium (Carbonate, Amino Acid Chelate)		1,000 mg	----	77%
Iron (Amino Acid Chelate)		30 mg	----	167%
Iodine (from Kelp)		150 mcg	----	100%
Magnesium (Oxide, Ascorbate)		500 mg	----	111%
Zinc (Amino Acid Chelate)		15 mg	----	100%
Copper (Amino Acid Chelate)		1.5 mg	----	75%
Vitamin K (Phytonadione)		100 mcg	----	**
Selenium (Selenomethionine)		--200 mcg	----	**
Manganese (Amino Acid Chelate)		-----6 mg	----	**
Chromium (Amino Nicotinate)		-----200 mcg	----	**
Molybdenum (Amino Acid Chelate)		--50 mcg	----	**
Potassium (Citrate)		-----50 mg	----	**
Lemon Bioflavonoids		-----80 mg	----	*
Rutin		-----10 mg	----	*
Choline (Bitartrate)		-----30 mg	----	*
Inositol		-----20 mg	----	*
PABA (para-Aminobenzoic Acid)		-----10 mg	----	*
Lactobacillus sporogenes		-----3,000,000 cells	----	*
Digestive Support Complex				
Protease (3,600 HUT*), Amylase (282 DU*), Lipase (3 LU*), Cellulase (3 CU*), Betaine HCl (60 mg*)				
Superfood Vitality Blend				
Spirulina (900 mg*), Wheat Grass (300 mg*), Barley Grass (300 mg*), Alfalfa [leaf] Juice Concentrate (60 mg*), Octacosanol (from Spinach) (100 mcg*)				
Gentle Prenatal Blend		-----89 mg	----	*
(equivalent to 500 mg of herbal powder)				
Red Raspberry [leaf] 4:1 Extract, Chamomile [flower] 4:1 Extract, Ginger [root] Fresh Juice 10:1 Extract				
* Daily Value (DV) not established.				
**DV not established for pregnant women.				