

E-400 Selenium™ provides the essential trace mineral selenium and natural-source vitamin E, an antioxidant that helps protect tissues from damage caused by free radicals.*

Directions: Take one tablet up to twice daily with meals or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics**

E-400 Selenium™

Antioxidant formula*

DIETARY
SUPPLEMENT

60 TABLETS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	268 mg	1,787%
Calcium	97 mg	7%
Phosphorus	74 mg	6%
Selenium (as selenium L-aspartate)	50 mcg	91%

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, silica, stearic acid (vegetable), magnesium stearate (vegetable), croscarmellose sodium, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

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