



Chasteberry Plus® combines chasteberry and black cohosh to help support menstrual regularity, ease menstrual cramps, and support reproductive health.*

Directions: Take one tablet twice daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: Consult your healthcare practitioner before use if you are taking medication or have a liver disorder or develop symptoms of liver trouble.

Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Metagenics

**Chasteberry
Plus®**

Supports menstrual regularity,
relieves menstrual discomfort*

**DIETARY
SUPPLEMENT 60 TABLETS**

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 60

Amount Per Serving

Chaste Tree (*Vitex agnus-castus*) 10:1 100 mg*
Fruit Extract

Black Cohosh (*Actaea racemosa*†) 40 mg*
Root & Rhizome Extract [standardized to 2.5%
(1 mg) total triterpene glycosides expressed as
27-deoxyactein]

Ashwagandha (*Withania somnifera*) 15:1 60 mg*
Root Extract [containing withanolides]

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

MANUFACTURED BY: METAGENICS
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†Also known as *Cimicifuga racemosa*.