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Muscle Up! Complement your workout lineup with **Metagenics BCAAs**, featuring clean, high-quality branched-chain amino acids. Metagenics BCAAs is formulated with a 2:1:1 ratio of leucine to isoleucine to valine. Branched-chain amino acids can be an important part of workout recovery—helping to support muscle protein synthesis and reduce temporary muscle soreness after exercise.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Blend, shake, or briskly stir 2 scoops (7.3 g) into 8 oz of chilled water before and after exercise or with a meal as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Storage: Keep tightly closed in a cool, dry place.



BCAAs

Support for muscle protein synthesis**



orange mango flavor
with other natural flavors

PRACTITIONER EXCLUSIVE

Non-GMO
Vegetarian

Dietary Supplement
NET WT. 7.72 oz (219 g)

2:1:1 Ratio

Supplement Facts

Serving Size 2 Scoops (7.3 g)
Servings Per Container About 30

Amount Per Serving		% Daily Value
Calories	25	
Sodium (as sodium chloride)	40 mg	2%
L-Leucine	3 g	*
L-Valine	1.5 g	*
L-Isoleucine	1.5 g	*

*Daily Value not established.

Other Ingredients: Natural flavors,** citric acid, malic acid, rebaudioside A (from *Stevia rebaudiana* leaf extract), and silica.

MANUFACTURED BY: METAGENICS
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*No MSG