

**SOURCE NATURALS®**



VITAMIN SUPPLEMENT

**B-12**

**SUBLINGUAL • VEGETARIAN**

**2,000 MCG • 50 TABLETS**

**Supplement Facts**

**Serving Size 1 Tablet**

	Amount Per Serving	%DV
Vitamin B-12 (as cyanocobalamin)	2 mg	33,333%

Other ingredients: sorbitol, mannitol, natural raspberry flavor, natural peach flavor, and magnesium stearate.

Vitamin B-12 is an essential nutrient, involved in protein formation. The coenzyme form of vitamin B-12 is necessary for carbohydrate, protein and fat metabolism, as well as for proper DNA replication. Source Naturals VITAMIN B-12 tablets are formulated to dissolve easily under the tongue for more direct absorption into the bloodstream. This minimizes destruction of the vitamin B-12 by stomach acids.\*

**Suggested Use:** 1 tablet daily. Place tablet under the tongue and allow to dissolve slowly altering its position to avoid prolonged contact with same area.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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