Suggested Use: Take 1 capsule daily, with or without meals. For maximum results include vitamin B complex, magnesium and coenzyme Q10 with alpha-lipoic acid in your nutrition program.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

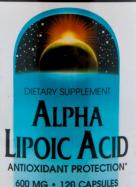
Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

HYPOALLERGENIC: Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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SOURCE NATURALS



Supplement Facts Serving Size 1 Capsule

†Daily Value not established.

Amount Per Serving alpha-Lipoic Acid 600 mg†

Other ingredients: **gelatin (capsule)**, microcrystalline cellulose, **colloidal silicon** dioxide, and magnesium stearate.

Alpha-lipoic acid is a powerful fat- and water-soluble antioxidant. It directly recycles vitamin C and indirectly recycles vitamin E, providing additional antioxidant protection. It is also an important component in the energy production process in cells. Alpha-lipoic acid may support the normal insulin response and healthy blood sugar levels already within the normal range.*