

**STORE IN A COOL, DRY PLACE.**

**Recommendations:** As a dietary supplement, take 1-5 capsules daily, or as directed by a health professional. Consume with food.

**Warning:** It is recommended that individuals taking more than 50 mcg (2,000 IU) vitamin D per day have their blood levels monitored. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

**Keep out of the reach of children.**



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



Certified Gluten-Free by the Gluten-Free Certification Organization, [www.gluten.org](http://www.gluten.org)

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# Vitamin D<sub>3</sub>

25 mcg (1,000 IU)

*Supports musculoskeletal, cardiovascular, neurocognitive, cellular and immune health\**

Gluten-free, Non-GMO  
& Hypoallergenic

**Dietary Supplement**

**250 CAPSULES**

## Supplement Facts

Serving size 1 capsule  
Servings per container 250

	Amount Per Serving	%DV
Vitamin D (as cholecalciferol) (D <sub>3</sub> )	25 mcg (1,000 IU)	125%
%Daily value (DV)		

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**