

SUGGESTED USE:

Take one serving (approx. 1 scoop) of C4® Ripped, mixed with 6 fl. oz. of water 20-30 minutes before training. **Some individuals may experience a harmless tingling sensation, which is attributable to Beta-Alanine. USE ONLY AS DIRECTED.**

WARNING:

THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant or nursing. Do not take this product before first consulting a licensed, qualified, healthcare professional, especially if you are taking any other dietary supplement, prescription drug or over-the-counter medication; or, if you suspect you have or have been treated for, diagnosed with, or have a family history of, any medical condition. This product contains caffeine and should not be used in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use if safety seal is broken or missing. Store in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN.** This product is sold by weight, not volume. The density of the powder varies, and significant settling of powder may occur during shipping and handling. This product contains the servings indicated when measured by weight.

CarnoSyn Carnosine Synthetizer
Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

Made in the U.S.A. using strategically sourced domestic and imported ingredients and components.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



C4[®]

RIPPED



EXPLOSIVE PRE-WORKOUT 30
AND CUTTING FORMULA[†]
RASPBERRY LEMONADE
NATURALLY FLAVORED
DIETARY SUPPLEMENT NET WT 180 g (6.3 oz)

SUPPLEMENT FACTS

Serving Size: 6g (Approx. 1 Scoop)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	0	
Total Carbohydrate	<1g	<1%**
Total Sugars	0g	†
Vitamin C (as Ascorbic Acid)	250mg	278%
Niacin (as Niacinamide)	30mg	188%
Vitamin B6 (as Pyridoxal-5-Phosphate)	500mcg	29%
Folate	417mcg DFE (250mcg Folic Acid)	104%
Vitamin B12 (as Methylcobalamin)	35mcg	1458%
CarnoSyn® Beta-Alanine	1.6g	†
Arginine Alpha Ketoglutarate	1g	†
C4® Ripped Blend	1g	†
L-Carnitine Tartrate, Green Coffee bean extract (standardized for Chlorogenic Acids), Capsimax® Cayenne (<i>Capsicum annuum</i>) fruit extract, <i>Coleus forskohlii</i> root extract		
Explosive Energy Blend	371mg	†
N-Acetyl-L-Tyrosine, Caffeine Anhydrous (150mg), Velvet Bean (<i>Mucuna pruriens</i>) seed extract (standardized for L-Dopa)		

**Percent Daily Value (%DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Citric Acid, Natural Flavors, Malic Acid, Calcium Silicate, Silicon Dioxide, Sucralose, Acesulfame Potassium, FD&C Red Lake #40, FD&C Blue #1, FD&C Red #40.
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