

SUGGESTED USE:
Take one serving (1 level scoop) of C4® Original, mixed with 6 fl. oz. of water, 20-30 minutes before training. Some individuals may experience a harmless tingling sensation, which is attributable to Beta-Alanine. USE ONLY AS DIRECTED.

WARNING:
THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use if pregnant, nursing, currently taking PDE5 inhibitors or nitrates for chest pain. Before taking this product, consult a licensed, qualified, health care professional, especially if you are taking any other dietary supplement, prescription drug or over-the-counter medication; or if, you suspect you have or have been treated for, diagnosed with or have a family history of, any medical condition. This product contains caffeine and should not be used in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use this product continuously for more than 8 weeks. Do not use if safety seal is broken or missing. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN. This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.
Made in the U.S.A using strategically sourced domestic and imported ingredients and components.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CUSTOMIZE YOUR C4 EXPERIENCE

	C4 SPORT	C4 ORIGINAL	C4 RIPPED	C4 EXTREME ENERGY
ENERGY*	●	●	●	●
FOCUS*	●	●	●	●
PUMPS*	●	●	●	●
ENDURANCE*	●	●	●	●
SPORTS CERTIFIED	✓			
CREATINE NITRATE		✓		✓
SUPPORTS WEIGHT LOSS*			✓	
	●	●	●	●
MODERATE	ADVANCED	EXTREME		



C4®

ORIGINAL



THE ORIGINAL EXPLOSIVE PRE-WORKOUT* 30 SERVINGS

FRUIT PUNCH
NATURALLY AND ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

NET WT 195 g (6.88 oz)

SUPPLEMENT FACTS

Serving Size: 1 scoop (6.5g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	0	
Total Carbohydrate	<1g	<1%**
Sugars	0g	†
Vitamin C (as Ascorbic Acid)	250mg	417%
Niacin (as Niacinamide)	30mg	150%
Vitamin B6 (as Pyridoxal-5-Phosphate)	500mcg	25%
Folic Acid	250mcg	62%
Vitamin B12 (as Methylcobalamin)	35mcg	583%
Calcium (as Calcium Silicate)	24mg	2%
CarnoSyn® Beta-Alanine	1.6g	†
Creatine Nitrate (NO3-T®)	1g	†
Arginine Alpha Ketoglutarate	1g	†
Explosive Energy Blend	425mg	†
N-Acetyl-L-Tyrosine, Caffeine Anhydrous (150mg), Velvet Bean (Mucuna pruriens) seed extract (standardized for L-Dopa), Theacrine (as TeaCrine®)		

**Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Citric Acid, Silicon Dioxide, Natural & Artificial Flavors, Polydextrose, Calcium Silicate, Sucralose, Acesulfame Potassium, FD&C Red #40.

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