## SUGGESTED USE:

Take one serving (1 level scoop) of C4® Original, mixed with 6 fl. oz. of water, 20-30 minutes before training. Some individuals may experience a harmless tingling sensation, which is attributable to Beta-Alanine. USE ONLY AS DIRECTED.

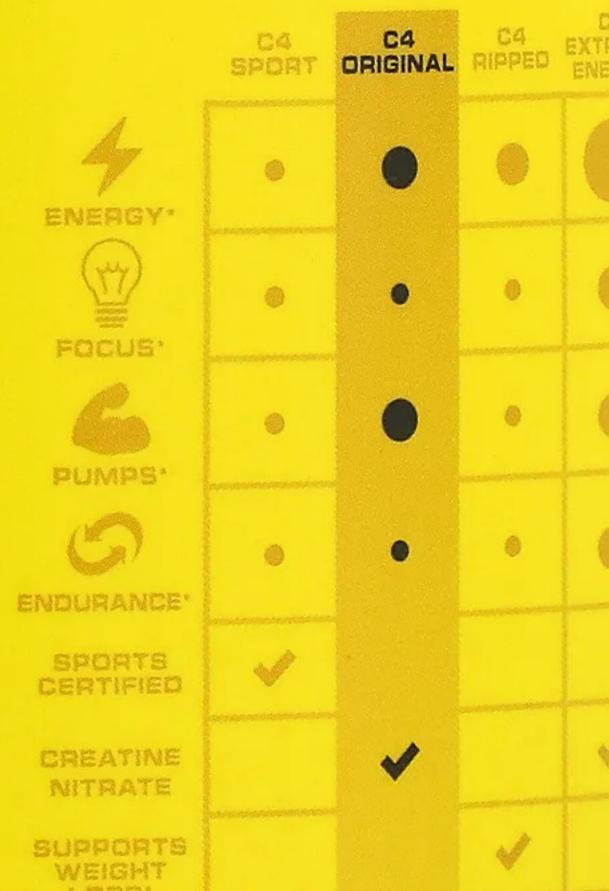
## WARNING:

combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Do not use this product continuously for more than 8 weeks. Do not use if safety seal is broken or missing. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN. This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.

Made in the U.S.A using strategically sourced domestic and imported ingredients



MODERATE











FRUIT PUNCH

NATURALLY AND ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

NET WT 195 g (6.88 oz)

series

SUPPLEMENT FACTS

Serving Size: 1 scoop (6.5g) Servings Per Container: 30

Amount P	er Serving	% DV	
Calories	0		I
Total Carbohydrate	<1g	<1%**	II
Sugars	0g	†	II
Vitamin C (as Ascorbic Acid)	250mg	417%	
Niacin (as Niacinamide)	30mg	150%	
Vitamin B6 (as Pyridoxal-5-Phosphate)	500mcg	25%	
Folic Acid	250mcg	62%	I
Vitamin B12 (as Methylcobalamin)	35mcg	583%	
Calcium (as Calcium Silicate)	24mg	2%	
CarnoSyn® Beta-Alanine	1.6g	†	
Creatine Nitrate (NO3-T®)	1g	†	
Arginine Alpha Ketoglutarate	1g	†	
N-Acetyl-L-Tyrosine, Caffeine Anhydrous (1 (Mucuna pruriens) seed extract (standardiz	425mg 50mg), Velvet B ed for L-Dopa),	Bean †	
Theacrine (as TeaCrine®)	ed for L-Dopa),		

\*\*Percent Daily Values (%DV) are based on a 2,000 calorie diet. †Daily Value not established.