

Discover Nature's Answer

and trust
the Difference...®

The True Nature of Our Standards
goes way beyond the herb...™

*This statement has not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.



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Store in a cool, dry place.



NATURE'S ANSWER

Since 1922

Cascara Sagrada

Helps Maintain Regularity*

Rhamnus purshiana

850 mg

Discover Nature's Answer®

Dietary Supplement

90 Vegetarian Capsules

Vegan
Gluten-Free

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 45

Amount Per Serving

Cascara Sagrada (*Rhamnus purshiana*) (bark)

850 mg †

† Daily value not established.

Other Ingredients: Vegetable Cellulose (capsule), Rice Flour,
Calcium Silicate.

Suggested Use: As a dietary supplement, take two (2) capsules daily,
or as needed with food or water.

CAUTION: This product contains Cascara Sagrada (*Rhamnus purshiana*). Read and
follow directions carefully. Do not use if you have or develop diarrhea, loose stools,
or abdominal pains, because Cascara Sagrada may worsen these conditions and be
harmful to your health. Consult your healthcare practitioner if you have frequent
diarrhea, or any other medical condition. Do not use for more than 7-10 days.

WARNING: Keep Out Of Reach Of Children. Do not use if safety seal is damaged
or missing. If you are pregnant, nursing, taking any medications, planning any
medical procedure or have a medical condition, consult with your healthcare
practitioner before use.

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For product information, call (800) 439-2324.

www.naturesanswer.com

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