

VALUE
SIZE!



Alive!

MEN'S 50+

COMPLETE MULTIVITAMIN

**ORCHARD FRUITS™
& GARDEN VEGGIES™**
Powder Blend (100 mg per serving)

130 TABLETS • MULTIVITAMIN SUPPLEMENT

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a kidney disorder, hypercalcemia, hypercalciuria, a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
Vitamin A (as 70% [630 mcg] retinyl acetate and 30% [270 mcg] beta-carotene)	900 mcg 100%
Vitamin C (ascorbic acid)	180 mg 200%
Vitamin D3 (as cholecalciferol)	40 mcg 200%
Vitamin E (as dl-alpha tocopheryl acetate)	30 mg 200%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	3.6 mg 300%
Riboflavin	2.6 mg 200%
Niacin (as niacinamide)	24 mg 150%
Vitamin B6 (as pyridoxine HCl)	5.1 mg 300%
Folate (240 mcg Folic Acid)	400 mcg DFE 100%
Vitamin B12 (as cyanocobalamin)	40 mcg 1,667%
Biotin	30 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg 150%

Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, hypromellose, stearic acid, polydextrose, titanium dioxide color, riboflavin color, medium chain triglycerides, magnesium stearate, silica

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM gluten, yeast-derived ingredients, wheat, and dairy.

†Trademark of its respective company.



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