

PROSUPPS®

There's a better you waiting to get out and if you're willing to put in the work, ProSupps® is uniquely qualified to unleash your full potential. Having climbed to the top of the fitness mountain ourselves, we can show you how to get here through elite supplementation, education, and inspiration. We're here for your relentless pursuit of greatness, but nobody is going to do it for you. You have to

EARN IT.



GOOD MANUFACTURING PRACTICES



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WWW.INFORMED-CHOICE.COM

PROSUPPS.COM

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EARN IT.



USA L81026-01



RICH CHOCOLATE
NATURAL FLAVORS

PLANT PERFORM

PERFORMANCE PLANT PROTEIN

25G
PROTEIN

3G
LEUCINE*

**AWARD
WINNING
TASTE**

24
SERVINGS

NET WEIGHT 2LBS (907G)



ENHANCES MUSCLE
REPAIR



IMPROVES EXERCISE
PERFORMANCE



SUPPORTS LEAN
MUSCLE GROWTH

DIRECTIONS: Mix 1 serving of Plant Perform in 10-12oz of cold water (adjust for taste and consistency) and mix thoroughly.

THE PROSUPPS® PLANT PERFORM DIFFERENCE

Plant Perform is the first protein specifically designed for athletic performance, that just happens to be plant based.

Plant Perform was developed to help you achieve your training goals by encouraging maximum protein synthesis anytime of day while providing quick healthy digestion. ProSupps® Plant Perform's proprietary Flavor Smooth technology gives you the creamy rich taste of a milkshake with all the health benefits of a plant-based protein. Training is hard work, drinking your protein shake shouldn't be.

TRI-SOURCE +

Tri-Source+ is the combination of three complimentary sources of plant proteins plus the addition of vegan L-Leucine providing an optimized and complete amino acid profile for immediate and sustained protein synthesis, that's easily digestible.

THE ANYTIME PROTEIN

Tri-Source+ makes ProSupps® Plant Perform truly a versatile, anytime protein. Enjoy as part of a nutritious breakfast to kick-start muscle protein synthesis, as a snack in-between meals, before & after training, as a meal replacement, and before bed to grow muscle while you sleep.

Nutrition Facts

Serving Size: 1 Scoop (37.9g)
About 24 servings per container

Amount Per Serving

Calories

150

	%Daily Value*
Total Fat 3.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 470mg	20%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 25g	
Vitamin D 0mg	0%
Calcium 49mg	4%
Iron 7mg	40%
Potassium 201mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Tri-Source+ Protein Blend (Pea Protein Isolate, Rice Protein Concentrate, L-Leucine, Fava Bean Protein Isolate), Cocoa Powder (Alkalized), Natural Flavors, Sodium Chloride, Gum Blend (Cellulose Gum, Xanthan Gum, Carageenan), Silicon Dioxide, Sucralose, Acesulfame Potassium.

*Total of Naturally Occurring and Free Form Leucine

Manufactured in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

STORE IN A COOL, DRY PLACE. Protect from heat, light and moisture. Content sold by weight, not volume, some settling may occur.

NOTICE: Do not use this product as a sole source of nutrition. KEEP OUT OF REACH OF CHILDREN.

WARNING FOR CALIFORNIA RESIDENTS: Consuming this product can expose you to lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: www.P65Warnings.ca.gov