

There's a better you waiting to get out and if you're willing to put in the work, ProSupps® is uniquely qualified to unleash your full potential. Having climbed to the top of the fitness mountain ourselves, we can show you how to get here through elite supplementation, education, and inspiration. We're here for your relentless pursuit of greatness, but nobody is going to do it for you. You have to

**EARN IT.**



GLUTEN  
FREE



MANUFACTURED  
IN A GMP FACILITY



PLANT  
BASED

**PROSUPPS.COM**



MADE IN THE  
**USA** WITH FOREIGN  
& DOMESTIC  
INGREDIENTS

MANUFACTURED FOR & DISTRIBUTED BY: PROSUPPS USA, LLC.  
5757 MAIN STREET, SUITE 205, FRISCO, TX 75034  
CUSTOMER SERVICE CONTACT INFO: PHONE: 1-888-575-7301  
EMAIL: QUALITY@PROSUPPS.COM

**EARN IT.**

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: This product is intended for healthy adults, 18 years of age or older. Do not use if you're pregnant or nursing. If you experience any adverse reaction, discontinue use. Do not use if safety seal is broken or missing. KEEP OUT OF THE REACH OF CHILDREN.

WARNING FOR CALIFORNIA RESIDENTS: Consuming this product can expose you to lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)



USA, INT'L L02635-05



**PROSUPPS**

# HYDRO BCAA

## + ESSENTIALS

FULL-SPECTRUM BCAAS & EAAS

**7g**  
BCAAs

**10g**  
EAAs

**150mg**  
ELECTROLYTES



**BLACKBERRY  
LEMONADE**  
NATURAL FLAVORS

**30**  
SERVINGS

DIETARY SUPPLEMENT  
NET WEIGHT  
13.75 OZ (390G)

**Suggested use:** Mix 1 scoop of HydroBCAA® +Essentials with 8 – 10 oz. of cold water. HydroBCAA® +Essentials can be used prior to training, during training, and after training for maximum efficacy.

## Supplement Facts

Serving Size: 1 Scoop (13g)  
Servings Per Container: 30

|                                                                                    | Amount Per Serving | %DV |
|------------------------------------------------------------------------------------|--------------------|-----|
| Calories                                                                           | 0                  |     |
| Total Carbohydrate                                                                 | 0g                 | 0%  |
| Total Sugars                                                                       | 0g                 |     |
| Includes 0g Added Sugars                                                           |                    |     |
| Sodium (as Sodium Citrate)                                                         | 50mg               | 2%  |
| Potassium (as Potassium Chloride)                                                  | 100mg              | 2%  |
| <b>2:1:1 BCAA Matrix</b>                                                           | <b>7g</b>          |     |
| L-Leucine                                                                          | 3.5g               | **  |
| L-Isoleucine                                                                       | 1.75g              | **  |
| L-Valine                                                                           | 1.75g              | **  |
| <b>Full-Spectrum EAA Matrix</b>                                                    | <b>3g</b>          |     |
| L-Lysine, L-Threonine, L-Phenylalanine, L-Methionine,<br>L-Histidine, L-Tryptophan |                    | **  |

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not Established.

**Other Ingredients:** Citric Acid, Natural Flavors, Silicon Dioxide, Calcium Silicate, Sucralose, Fruit & Vegetable Juice (for color).

0% Juice. STORE IN A COOL, DRY PLACE. Protect from heat, light, and moisture. Contents sold by weight, not volume, some settling may occur.

## Essentials for Performance

HydroBCAA® +Essentials is formulated with 150mg of Electrolytes and 10g of EAAs, 7g of which are BCAAs in a 2:1:1 ratio for optimal recovery and muscular development while rehydrating your body. †

## Essential Amino Acids (EAAs)

Essential Amino Acids are essential because the body is unable to produce them on its own and must be consumed. EAAs are critical for cellular energy & repair and muscle preservation. HydroBCAA® +Essentials includes Essential Amino Acids and Branched Chain Amino Acids to maximize muscle protein synthesis. †

## Branched Chain Amino Acids (BCAAs)

Branched Chain Amino Acids (L-Leucine, L-Isoleucine & L-Valine) are the most critical of the essential amino acids and necessary to stimulate protein synthesis, prevent muscle breakdown, and maintain critical glycogen stores. HydroBCAA® +Essentials is built to deliver 7g of BCAAs to the body fast and effectively. †