



There's a better you waiting to get out and if you're willing to put in the work, ProSupps® is uniquely qualified to unleash your full potential. Having climbed to the top of the fitness mountain ourselves, we can show you how to get here through elite supplementation, education, and inspiration. We're here for your relentless pursuit of greatness, but nobody is going to do it for you. You have to

**EARN IT.**

PROSUPPS.COM  
 MANUFACTURED FOR & DISTRIBUTED BY: PROSUPPS USA, LLC.  
 5757 MAIN STREET, SUITE 205, FRISCO, TEXAS 75034  
 CUSTOMER SERVICE CONTACT INFO: PHONE: 1-888-575-7301  
 EMAIL: QUALITY@PROSUPPS.COM



**EARN IT.**



USA L02173-06



# HYDE

## X-TREME

INTENSE ENERGY PRE WORKOUT†

**WATERMELON RUSH**  
 NATURAL & ARTIFICIAL FLAVORS

**30** DIETARY SUPPLEMENT  
 SERVINGS NET WEIGHT  
 7.4 OZ (210G)

**Suggested Use:** To assess tolerance, mix ½ scoop of HYDE® Xtreme with 8oz of cold water. Once tolerance has been assessed, mix 1 scoop of HYDE® Xtreme with 6-8oz of cold water and consume 15-30 minutes before exercise. Do not consume HYDE® Xtreme within 4 hours of bedtime. Do not take any other products that contain caffeine or stimulants while taking HYDE® Xtreme.

**WARNING:** This product is intended for healthy adults, 18 years of age or older. Consult a physician prior to using this, or any other dietary supplement. Do not take this product if you are pregnant or nursing, if you have or suspect you may have a medical condition, or if you are taking any prescription or over-the-counter medications. Do not exceed recommended serving. Exceeding recommended serving may cause adverse health effects. This product contains 378mg of caffeine, the equivalent of approximately 4 cups of coffee and may not be suitable for individuals who are sensitive to the effects of caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heartbeat. Immediately discontinue use and consult a qualified medical professional if you experience any adverse effects. **KEEP OUT OF REACH OF CHILDREN.**

**WARNING FOR CALIFORNIA RESIDENTS:** Consuming this product can expose you to lead which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov)

Store in a cool, dry place. Content sold by weight not volume, some settling may occur. Protect from heat, light and moisture.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size: 1 Scoop (7g)  
 Servings Per Container: 30

	Amount Per Serving	%DV*
Niacin	25mg	156%
<b>Strength Matrix</b>	<b>3.75g</b>	
Beta Alanine	2.5g	**
Arginine Silicate Inositol (Nitrosigine®)	500mg	**
L-Citrulline Aspartate	500mg	**
Creatine HCl	250mg	**
<b>Intensity Matrix</b>	<b>653mg</b>	
Choline Bitartrate	500mg	**
L-Theanine	50mg	**
N-Acetyl Tyrosine	50mg	**
Theacrine (as TeaCrine®)	25mg	**
Gamma-aminobutyric Acid (GABA)	25mg	**
Yohimbe Bark Extract	3mg	**
<b>Caffeine Matrix<sup>‡</sup></b>	<b>420mg</b>	
Caffeine Anhydrous	300mg	**
Di-Caffeine Malate	70mg	**
Caffeine Citric Acid Blend	50mg	**
Citric Acid		
Caffeine Anhydrous		

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

‡ Actual Caffeine Content is 378mg per serving.

**Other Ingredients:** Malic Acid, Natural & Artificial Flavors, Citric Acid, Sucralose, Calcium Silicate, Silicon Dioxide, Acesulfame Potassium, FD&C Red #40.

Gluten Free. 0% Juice.