

USAGE: Take 1 capsule 1 to 2 times per day with meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications, consult your healthcare professional before using this product.

This product contains the harmonious combination of **garlic** and **ginger**. **Jarrow Formulas® Garlic** contains the original amino acids, vitamins, minerals, including selenium, and special sulphur compounds, including allin, allinase, allicin and diallyldisulfide compounds, naturally occurring in garlic.

Jarrow Formulas® Ginger is naturally dried and not subjected to any additional heat. Four pounds of fresh ginger root yields one pound of ginger concentrate. This process ensures the presence of the active compounds that are beneficial to the gastrointestinal tract.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
F O R M U L A S

A Harmonious Combination

Garlic & Ginger

**Odor Modified Garlic
Naturally Dried Ginger**

700
MILLIGRAMS

100
CAPSULES

**DIETARY
SUPPLEMENT**



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

	Amount Per Serving	% DV
Odor Modified Garlic (<i>Allium sativum</i>)	500 mg	*
Organic Ginger Root (4:1 concentrate) (<i>Zingiber officinale</i>)	200 mg	*

* Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
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Lot #. Best Used Before:

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