

SUGGESTED USE: ONE TABLET DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Manufactured in the US from Globally Sourced Ingredients.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary supplement, advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. If you are taking blood thinning medicines, consult your healthcare professional prior to using this product. **Keep out of reach of children.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.
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NEW CHAPTER®

EST. 1982

ONE DAILY EVERY WOMAN'S MULTIVITAMIN 40+

FORMULATED FOR ABSORPTION

Immune, Energy & Healthy Aging Support*



MADE WITH ORGANIC VEGETABLES & HERBS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene and from ferment media)	900 mcg 100%	Selenium (as selenium dioxide from ferment media)	55 mcg 100%
Vitamin C (as ascorbic acid and from ferment media)	90 mg 100%	Copper (as copper sulfate anhydrous from ferment media)	0.55 mg 61%
Vitamin D3 (as cholecalciferol and from ferment media)	25 mcg (1000 IU) 125%	Manganese (as manganese chloride from ferment media)	1 mg 43%
Vitamin E (as d-alpha-tocopheryl acetate and from ferment media)	15 mg 100%	Chromium (as chromium chloride from ferment media)	18 mcg 51%
Vitamin K (as phyloquinone [K1] from ferment media and as menaquinone-7 [K2])	121 mcg 100%	Molybdenum (as sodium molybdate from ferment media)	4.5 mcg 10%
Thiamin (as thiamine hydrochloride from ferment media)	1.6 mg 133%	Breast Support Blend	50 mg *
Riboflavin (from ferment media)	1.6 mg 123%	Organic Broccoli (sprout), Organic Cauliflower (sprout), Organic Kale (sprout), Organic Daikon Radish (sprout), Organic Cabbage (sprout), Organic Mustard (sprout)	
Niacin (as niacinamide from ferment media)	16 mg 100%	Hormone Support Blend	37.5 mg *
Vitamin B6 (as pyridoxine hydrochloride from ferment media)	4.3 mg 253%	Organic Chaste Tree (berry), Organic Red Clover (aerial parts), Organic Raspberry (leaf)	
Folate (as methylfolate and as folic acid from ferment media)	200 mcg DFE 50%	Stress and Energy Support Blend	22.5 mg *
Vitamin B12 (as cyanocobalamin from ferment media)	10 mcg 417%	Organic Maca (root), Organic Schizandra (berry), Organic Chamomile (flower)	
Biotin (from ferment media)	15 mcg 50%	Cardio Support Blend	16 mg *
Pantothenic Acid (as calcium D-pantothenate from ferment media)	5 mg 100%	Organic Oregano (leaf), Organic Hawthorn (berry, leaf and flower), Grapeseed extract	
Calcium (from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>])	26 mg 2%	Digestive Support Blend	7.5 mg *
Iodine (as potassium iodide from ferment media)	75 mcg 50%	Organic Coriander (seed), Organic Aloe (leaf), Organic Peppermint (leaf), Organic Cardamom (fruit), Organic Artichoke (leaf)	
Magnesium (as magnesium bisglycinate chelate, from algae <i>Lithothamnion</i> [<i>Lithothamnion calcareum</i> and <i>Lithothamnion corallioides</i>] and as magnesium oxide from ferment media)	8.4 mg 2%	Ginger (rhizome) 3.2 mg aqueous extract and 0.8 mg organic supercritical extract	4 mg *
Zinc (as zinc oxide from ferment media)	5.5 mg 50%	Organic Turmeric (rhizome) 2.7 mg and 0.8 mg supercritical extract	3.5 mg *

* Daily Value (DV) not established

Other Ingredients: Organic coating/binder (organic maltodextrin, organic gum acacia, organic sunflower lecithin, organic palm oil and organic guar gum), ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, organic alfalfa powder, bromelain [deactivated], papain [deactivated], organic carrot powder and lactic acid bacteria [*Lactobacillus acidophilus*, *Lactobacillus rhamnosus* and *Bifidobacterium bifidum*]), silica, organic fiber blend (organic rice flour, organic oat fiber and organic sunflower lecithin), sodium alginate, pea starch and organic gum acacia.

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA