#### SUGGESTED USE: ONE TABLET DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Manufactured in the US from Globally Sourced Ingredients.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary supplement, advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. If you are taking blood thinning medicines, consult your healthcare professional prior to using this product. Keep out of reach of children.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

> PLEASE RECYCLE THIS BOTTLE AFTER USE. 0367-J01 @2021 NEW CHAPTER, INC.

# CHAPTER

## ONE DAILY EVERY WOMAN'S MULTIVITAMIN 40+

FORMULATED FOR ABSORPTION

Immune, Energy & Healthy Aging Support\*

LIGETAP/

MADE WITH ORGANIC VEGETABLES & HERBS









## Serving size 1 Tablet

Amount per serving		%DV	Amount per serving	9/
fitamin A (100% as beta-carotene and from ferment media)	900 mcg	100%	Selenium (as selenium dioxide from ferment media)	55 mcg 1
willing (as ascorbic acid and from ferment media)	90 mg	100%	Copper (as copper sulfate anhydrous from ferment media)	0.55 mg
(d) (no)ecalciferol and from forment modia) 25 mca (		125%	Manganese (as manganese chloride from ferment media)	1 mg
Tuesday of a complete and from forment modia)	15 mg	100%	Chromium (as chromium chloride from ferment media)	18 mcg
and as menaguinone-7 (K21)	121 mcg	100%	Molybdenum (as sodium molybdate from ferment media)	4.5 mcg
Mamin (as thiamine hydrochloride from forment modia)	1.6 mg	133%	Breast Support Blend	50 mg
(IVIII (EITHENT MEALS)	1.6 mg	123%	Organic Broccoli (sprout), Organic Cauliflower (sprout), Organic Ka	le (Sprour),
nach (as niacinamide from ferment modia)		100%	Organic Daikon Radish (sprout), Organic Cabbage (sprout), Organi	C Musicara (sprea
numini bo (ds pyridoxine hydrochloride from forment media)	16 mg	253%	Hormone Support Blend	37.5 mg
- Incultifulate diff of the state form on the state of th	4.3 mg	50%	Organic Chaste Tree (berry), Organic Red Clover (aerial parts),	
	mcg DFE		Organic Raspberry (leaf)	22.5 mg
- World Cillell (Deuls)	10 mcg	417%	Stress and Energy Support Blend	CONTRACTOR CONTRACTOR
antothenic Acid (as calcium D-pantothonato from 6	15 mcg	50%	Organic Maca (root), Organic Schizandra (berry), Organic Chamom	16 mg
	5 mg	100%	Organic Oregano (leaf), Organic Hawthorn (berry, leaf and flower)	Grapeseed extr
	26 mg	2%	Directive Grand Plant	7.5 mg
talle (a) poldssillim indide from formant	75	F00/	Organic Coriandor (seed) Organic Alex (leaf) Organic Pennermint	
The state of the s	75 mcg	50%	Organic Coriander (seed), Organic Aloe (leaf), Organic Peppermint Organic Cardamom (fruit), Organic Artichoke (leaf)	
Lithothamnion [Lithothamnion calcareum and Lithothamnion corallioides] and as mannesium ovide from 6	8.4 mg	2%		4 mg
Colallioides and as magnosium avida ( and Litrothammion			and 0.8 mg organic supercritical extract	
linc (as zinc oxide from ferment media)	5.5 mg	50%	Organic Turmeric (rhizome) 2.7 mg and 0.8 mg supercritical extract	3.5 mg

Other ingredients: Organic coating/binder (organic maltodextrin, organic gum acacia, organic sunflower lecithin, organic palm oil and organic gum) formaction (organic coating/binder (organic maltodextrin, organic gum acacia, organic sunflower lecithin, organic palm oil and organic guar gum), ferment media (organic soy flour, organic Saccharomyces cerevisiae, organic orange peel powder, organic alfalfa powder, bromelain [deactivated], papain [deactivated], organic carrot powder and lactic acid bacteria [Lactobacillus acidophilus, Lactobacillus rhamnosus and Bifidohacterium bisi. Bifidobacterium bifidum]), silica, organic fiber blend (organic rice flour, organic oat fiber and organic sunflower lecithin), sodium alginate, pea starch and organic gum acacia.

Contains: Fermented soy.

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