ALKALIZE • ENERGIZE • VITALIZE

Sylvia & JR Ortiz, Mother & Son. Certified Women owned. Est. 1998.

Each serving of MacroMeal contains:

- **3 servings** — **Super Fruits & Vegetables:** = 3 servings of fruits & veggies
- **25g** — **Protein:** = 1-1/2 cups of lentils
- **3 servings** — **Antioxidants:** = 3 servings of super fruits
- **MCT** — **Healthy Fats:** from high quality coconut oil
- **5g** — **Fiber:** = 2-1/2 servings of whole wheat bread

Time Released Protein –
Fast, Medium and Slow release proteins sustain energy and help you feel full longer.†

MacroMeal Vegan Protein your all in one Vegan protein. Scientifically formulated with **"Macro and Micro"** nutrients. Combines **25 grams of Fast, Medium, and Slow digesting** plant-based proteins from 90% Organic Pea Protein Isolate, Organic Pea Protein Concentrate, and Organic Brown Rice Protein Concentrate that deliver sustained energy.† Feel the difference of MacroLife Nutrition!

"VEGAN" PROTEIN = PROTEIN FOR CONSCIENTIOUS VEGANS AND VEGETARIANS

Keto Friendly high protein, low carb blend aligns with a Keto lifestyle.

MCT Coconut Oil Powder naturally contains MCT (Medium Chain Triglycerides) that sustains energy and satisfies hunger.†

Superfood Blend contains Macro Greens® and Miracle Reds® essential components.

Antioxidants absorb Free-Radicals that damage healthy cells. Boost overall health and provide anti-aging benefits for beautiful skin.†

Probiotics are friendly bacteria that play an important role in digestion and immune system.†

Plant Based Vitamins support the maintenance of good health with key nutrients your body may need.†

Trace Mineral Complex aids recovery and hydration for active lifestyles.†

Fiber helps regulate hunger. MacroMeal uses a gentle and nutrient-dense fiber blend.†

Digestive Enzymes promote optimal digestion for better absorption and greater bioavailability.†

50% PROTEIN RDAs

**50% Protein RDAs (Recommend Daily Allowances)

Not intended to be used as a meal replacement. Notice: Use this product as a food supplement only. Do not use for weight reduction.

Taste may change slightly depending on harvesting season.

Store in a cool dry place. No fillers or animal testing. No sugar added. Low-glycemic. No artificial colors, preservatives or ingredients. Contents sold by weight not volume, some settling may occur.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.MacroLifeNaturals.com

PLANT PROTEIN + MCT + SUPERFOODS

MacroLife Naturals EST.1998

MacroMeal®

25g TIME RELEASED PROTEIN

72 TRACE MINERALS
3 BILLION PROBIOTICS & ENZYMES

MCT Coconut Oil Powder · Gluten Free · vegan · KETO · non GMO · Time Released Protein

ULTIMATE CHOCOLATE PROTEIN POWDER

NET WT 44.4 oz / 1,260 g

Nutrition Facts

28 Servings per container

Serving Size	2 scoops (about 45 g)	
	Per 1 Scoop	Per 2 Scoops
Calories	**90**	**180**
	% DV*	% DV*
Total Fat	1.5 g 2%	3 g 4%
Saturated Fat	0.75 g 4.0%	1.5 g 8%
Trans Fat	0 g	0 g
Cholesterol	0 mg 0%	0 mg 0%
Sodium	85 mg 4%	170 mg 7%
Total Carbohydrate	4.5 g 2%	9 g 3%
Dietary Fiber	2.5 g 9%	5 g 18%
Total Sugars	1 g	2 g
Protein	12.5 g 25%	25 g 50%
Vitamin A	29 mcg 3%	58 mcg 6%
Vitamin C	35 mg 39%	70 mg 78%
Vitamin D	0 mcg 0%	0 mcg 0%
Vitamin E (as d-alpha tocopherol succinate)	20.26 mg 135%	40.52 mg 270%
Vitamin K	15 mcg 13%	30 mcg 26%
Calcium	31.5 mg 2%	63 mg 4%
Iron	5 mg 28%	10 mg 56%
Potassium	160 mg 3%	320 mg 7%

AMINO ACIDS	Amount Per 45 g Serving
Alanine	1,432 mg
Arginine	2,409 mg
Aspartic Acid	2,918 mg
Cystine	442 mg
Glutamic Acid	4,954 mg
Glycine	1,207 mg
Histidine**	567 mg
Isoleucine**	1,306 mg
Leucine**	2,391 mg
Lysine**	1,441 mg
Methionine**	545 mg
Phenylalanine**	1,549 mg
Proline	1,319 mg
Serine	1,428 mg
Threonine**	1,013 mg
Tryptophan**	340 mg
Tyrosine	1,360 mg
Valine**	1,567 mg

**Essential Amino Acids

Not a significant source of Vitamin D.
Not a significant source of added sugars.
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ConcenTrace® is a registered trademark of Trace Minerals Research, LLC

INGREDIENTS:
Contains: Tree nuts (coconut)
Macro Power Protein Blend: Organic Brown Rice Protein Concentrate, Organic Pea Protein Concentrate, Organic Pea Protein Isolate
Antioxidant Superfood Blend: Organic Cocoa Powder, Organic Barley Grass Juice Powder, Organic Spirulina, Acerola Cherry Extract, Aloe Vera, Chlorella (cracked cell), Organic Spinach Powder, Organic Red Beet Powder, Organic Blueberry Powder, Organic Maca Powder, Organic Pomegranate, Lycium (Goji Berry) Powder, Organic Acai Berry Powder, Mangosteen Powder
Natural Fiber Blends: Organic Flax Seed Powder, Apple Fiber, Organic Sunflower Lecithin
Other Ingredients: Natural Flavors, Rebaudioside A (Stevia), Sea Salt, Organic Cinnamon Bark Powder
Recovery Blend: MCT Oil Powder (50%), Organic Coconut Water Powder, ConcenTrace AC® Trace Minerals
Natural Plant Enzymes: Amylase, Bromelain, Cellulase, Lipase, Papain, Protease
3 Billion CFU Lactobacillus acidophilus, Lactobacillus rhamnosus, Bifidobacterium bifidum, Bifidobacterium longum (at time of manufacture)

INGREDIENTS with a PURPOSE –
Source the purest whole food ingredients and blend them into synergistic formulas that create optimal health.

Directions:
Mix 2 scoops (45 g) into 12 ounces filtered water, non-dairy beverage, or blend into your favorite smoothie.

Manufactured for:
MacroLife Naturals® Inc.
An Original Formulation
Culver City, CA 90232
1-800-521-5867

Made in the U.S.A.

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