

SOURCE NATURALS



DIETARY SUPPLEMENT

VITAMIN D-3

**BIOACTIVE FORM FOR BONE
AND IMMUNE HEALTH***

2,000 IU • 100 CAPSULES

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	%DV
Calcium	51 mg	6%
Vitamin D-3 (as cholecalciferol)	2,000 IU	500%

Other ingredients: dibasic calcium phosphate, maltrin, gelatin (capsule), and magnesium stearate.

Suggested Use: 1 capsule daily with a meal.

Sunlight is the source of life on Earth, but we may not be aware of all the ways it benefits us. Our bodies manufacture vitamin D-3 when the skin is exposed to UV radiation from sunlight, but the ability to do so decreases as we age. Vitamin D-3 maintains healthy calcium and phosphorus levels in the body for strong bones; it increases muscle strength in older adults; and it also plays an active role in a healthy immune response. Vitamin D-3 (cholecalciferol) is the optimal form of vitamin D. It is the form of vitamin D that the body manufactures in sunlight, and the form most efficient for the body's needs.*

CAUTION: If you are pregnant, may become pregnant, breast-feeding, have kidney, parathyroid or any lung disease, cancer, or are taking any prescription drug, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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