Directions: As a dietary supplement, take three (3) capsules daily.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a Physician before using this or any product if you have, or have a family history of, including but not limited to high blood pressure, cardiac arrhythmias, heart, liver, kidney, thyroid, or psychiatric disease, pheochromocytoma, diabetes, asthma, recurrent headaches, anemia, nervousness, anxiety, depression or other psychiatric condition, peptic ulcers, Parkinson's disease, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, or if you are using a monoamine oxidase inhibitor (MAOI), anticoagulants, diabetes medication, lithium or any other dietary supplement, prescription drug, or over-the-counter drug containing ephedrine, pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects, including heart attack and stroke. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness. severe headache, shortness of breath, or other similar symptoms.

KEEP OUT OF REACH OF CHILDREN

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





SUPPLEMENT FACTS

Serving Size: 3 Capsules Servings Per Container: 30

Amount P	er Serving	%DV
Safed Musli Root Extract	600 mg	- 3
50% Saponins Maca Root Extract 4:1	500 mg	
Fenugreek Seed Extract 4:1	500 mg	
Eurycome Longifolia (Long Jack) Root Extract 20:1	350 mg	
Tribulus Terrestris Fruit Extract 45% Saponins	200 mg	- 1

† Daily Value not established.

Other Ingredients: Gelatin (Capsule), Microcrystalline Cellulose, Magnesium Stearate, Titanium Dioxide (Color), and FD&C Blue #1.

Store in a cool, dry place.



Manufactured for: Al Sports Nutrition 6533 Promier Ave NW North Canton, Ohio, 44720

www.aisportsnutrition.com