

SUGGESTED USE:

As a dietary supplement, take one (1) capsule once a day or as directed by your health care professional.

CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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LOT# and Expiration date printed on bottom of Bottle. V1R0

Purely Optimal[®]

PROBIOTICS MIND+BODY

80 BILLION CFU

MULTI STRAIN BLEND



- ✓ SUPPORTS MOOD & WELL BEING*
- ✓ PROMOTES HEALTHY DIGESTION*
- ✓ STRENGTHENS IMMUNE SYSTEM*
- ✓ ENHANCES NUTRIENT ABSORPTION*
- ✓ NO REFRIGERATION REQUIRED*

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

	Amount Per Serving	%DV
80 Billion CFU Multi Strain Probiotic Complex†	200 mg	**
<i>Lactobacillus plantarum</i> (Lp-115), <i>Lactobacillus paracasei</i> (Lpc-37), <i>Lactobacillus salivarius</i> (Ls-33), <i>Bifidobacterium lactis</i> and <i>Bifidobacterium bifidum</i> (Bb-02), <i>Bifidobacterium breve</i> (Bb-03), <i>Bifidobacterium longum</i> (BI-05), <i>Lactobacillus casei</i> (Lc-11), <i>Lactobacillus acidophilus</i> (La-14)		
Focus & Mood Support Blend	150 mg	**
Lemon Balm (Aerial Parts), Baikal Skullcap (Root) Extract, Ashwagandha (Root), Licorice (Root) Extract, Grape (Seed) Extract, Bacopa Extract (Whole Plant), L-Theanine, Passionflower Extract (Whole Plant), Gamma-Aminobutyric Acid (GABA)		
Organic Prebiotic Complex	105 mg	**
Organic Blue Agave Heart Inulin (<i>Agave tequilana</i>), Organic Jerusalem Artichoke (Root)		
Digestive Enzyme Complex	100 mg	**
Amylase (120 DU), Protease A (100 HUT), Papain (100 TU), Invertase (50 SU), Cellulase (50 CU), Lactase (20 ALU), Lipase (15 FIP), Maltase (12 DP), Glucoamylase (2.5 AG), Bromelain (1 GDU)		

† Formulated with 80 billion CFU at time of manufacture.

** Daily Value (DV) not established.

OTHER INGREDIENTS: Hypromellose (Capsule), Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose

Manufactured in a facility that also processes milk, eggs, fish, nuts, and soybeans.

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www.purelyoptimal.com

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