#### SUGGESTED USE:

As a dietary supplement, take one (1) gummy for children ages 4 through 12 and two (2) gummies for ages 13 and above once a day or as directed by your health care professional.

#### CAUTION

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



LOT# and Expiration date printed on bottom of Bottle V1R0

### **Purely Optimal**

# MAGNESIUM GUMMIES

FORMULATED FOR KIDS & ADULTS

CHERRY FLAVOR



- ✓ STRENGTHENS IMMUNE SYSTEM\*
- ✓ PROMOTES MOOD & RELAXATION\*
- ✓ IMPROVES BONE & HEART HEALTH
- ✓ SUPPORTS MUSCLES & NERVE FUNCTION

DIETARY SUPPLEMENT











## Supplement Facts

Serving Size: 1 Gummy for Children Ages 4 through 12 2 Gummies for Ages 13 and Above

Servings Per Container: 90; 45

	Amount Per 1 Gummy	% Daily Value	Amount Per 2 Gummies	% Daily Value
Calories	8		16	
Total Carbohydrates	2g	3%	4g	1%**
Sugars	2g	16%	4g	8%
Includes 4g of added sugar		16%		8%
Magnesium (as magnesium citrate)	161mg	48%	322mg	8%
Sodium	2mg	<1%	4mg	<1%

<sup>\*</sup> Daily Value Not Established

OTHER INGREDIENTS: Water, Cane Sugar, Glucose Syrup (Tapioca Syrup), Citrus Pectin (E-440), Black carrot extract, Natural Cherry flavor, Citric Acid (E-330), Sodium citrate, Adipic acid.

This product is free from gluten, nuts, eggs, milk, soy, fish, shellfish, artificial colors and preservatives.



Distributed By:
Purely Optimal Nutrition Inc.
Seattle, WA 98121, USA
1-800-738-6018
support@purelyoptimal.com

<sup>\*\*</sup> Percent Daily Values are based on a 2000 calorie diet.