SUGGESTED USE:

Take two (2) capsules once a day or as directed by your health care professional. Should be taken with food.

- CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Purely Optimal*

Distributed By:
Purely Optimal Nutrition Inc.
Seattle, WA 98121, USA
1-800-738-6018



X002G0K89B

LOT# and Expiration date printed on bottom of Bottle. V1R0

Purely Optimal

COMPLETE HAIR GROWTH

WITH KERATIN, BIOTIN & MORE

CLINICALLY PROVEN INGREDIENTS



- ✓ BENEFITS ALL HAIR TYPES*
- ✓ LUSTROUS SHINE & FULLER HAIR*
- ✓ NOURISHES HAIR FROM INSIDE OUT.
- ✓ PROMOTES NATURAL HAIR GROWTH
- ✓ SUPPORTS HEALTHY SKIN & NAILS'

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

		Amount Per Serving	9
	Vitamin A (as Beta-Carotene)	1500 mcg	18
١	Vitamin C (Ascorbic Acid)	100 mg	1
	Vitamin D3 (Cholecalciferol)	50 mcg	25
	Thiamin (as Thiamin HCI)	5 mg	4
	Riboflavin	5 mg	31
	Niacin (as Niacinamide)	5 mg	
	Vitamin B6 (as Pyridoxine HCI)	6 mcg	
1	Folate (as L-Methylfolate Calcium salt)	340 mcg DFE	
	Vitamin B12 (as Cyanocobalamin)	300 mcg	125
	Biotin	5000 mcg	166
	Pantothenic Acid (as Calcium Pantothenate)	10 mg	2
	lodine (from Kelp)	40 mcg	
١	Zinc (as Zinc Bisglycinate Chelate [TRAACS®])	25 mg	2
	Methylsulfonylmethane (MSM)	400 mg	
/	Hydrolyzed Bovine Collagen	300 mg	
	Hydrolyzed Keratin	250 mg	
	Nettle Root	100 mg	
	Hair Growth Proprietary Blend	100 mg	
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Bamboo (Stem and Leaf) Extract (70% Silica), L-Glutamic Acid, L-Taurine, L-Aspatic Acid.
L-Threonine, BioPerine: Black Pepper Fruit Extract (95% Piperine), L-Lysre BC, L-Raine.
L-Glycine, L-IsoLeucine, L-Methionine, L-Proline, L-Oysteine HD Mondydat, L-Apprex L-Lyrosine, L-Carmitine Tartrate, L-Leucine, L-Valline, L-Serine, L-Phenylatine

**Daily Value (DV) not established.

OTHER INGREDIENTS: EMBO CAPS* AP (Acid Resistant Hypromellose Capsule), Silicon Dioide. Microcrystalline Calludose

BioPerine' is a registered trademark of Sabinsa Corporation.

TRAACS' is a registered trademark of Albion International, Inc.

EMBO CAPS' AP is a registered trademark of Suheuno Co., Ltd.

Manufactured in a facility that also processes milk, eggs, fish, ruts and sowbeans.