

BalanceBlend supports hormonal balance and provides targeted nutrition to help make your transition through menopause as comfortable as possible.*



Natural Products for
Women's Health

BalanceBlend

Dietary Supplement for Menopause*

Directions: For adults only. Take 3 capsules daily with a meal. Do not use if seal under cap is broken. Not intended for use during pregnancy or lactation. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by Fairhaven Health, LLC
www.fairhavenhealth.com
1410 11th St Bellingham, WA 98225 L04
Manufactured in the USA of imported and domestic ingredients

- Supports a healthy transition into menopause*
- Herbal support for hormone balance with Vitex, Black Cohosh and Wild Yam*
- Targeted multivitamin support for menopause*



90 Capsules
One Month Supply

Supplement Facts

Serving Size: 3 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	1500mcg	167%
Vitamin C (ascorbic acid)	300mg	333%
Vitamin D (as cholecalciferol)	40mcg (1600 IU)	200%
Vitamin E (as d-alpha tocopheryl succinate)	40mg	268%
Vitamin K (as phyloquinone)	80mcg	67%
Thiamin (Vitamin B1)(as thiamine HCl)	3mg	250%
Riboflavin (as riboflavin 5'-phosphate sodium)	3.4mg	262%
Niacin (inositol hexanicotinate)	20mg	125%
Vitamin B6 (pyridoxal 5'-phosphate)	4mg	235%
Folate (as L-5-methyltetrahydrofolate, calcium)	680mcg DFE	170%
Vitamin B12 (as methylcobalamin)	6mcg	250%
Biotin (as d-biotin)	300mcg	1000%
Pantothenic Acid (as d-calcium pantothenate)	10mg	200%
Iodine (as potassium iodide)	150mcg	100%
Zinc (as zinc gluconate)	15mg	136%
Selenium (as L-selenomethionine)	70mcg	127%
Copper (as copper sulfate)	0.5mg	56%
Manganese (as manganese amino acid chelate)	2mg	87%
Chromium (as chromium picolinate)	120mcg	343%
Molybdenum (as molybdenum amino acid chelate)	75mcg	167%
Proprietary Blend	495 mg	**
Hops (<i>Humulus lupulus</i>) (flower), black cohosh extract (root), wild yam extract (root), deglycyrrhizinated licorice extract (root), chaste tree extract (berry), maca (root), Ginkgo biloba extract (leaf), Indole-3-carbinol, D-lindolylmethane (DIM)		

** Daily Value not established

Other Ingredients: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate, silicon dioxide.