DIRECTIONS: As an addition to the daily diet take one or two tablets before morning and evening meals, individuals fifty of age or older tablets before morning and evening meals, or as directed by your health care professional.

If you are pregnant or a nursing mother, consult your health care professional before using this or any dietary supplement.
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* CHILDREN: Consult your health care professional before giving this or any dietary supplement to children.

KEEP OUT OF THE REACH OF CHILDREN Keep bottle tightly closed and store in a cool, dry place.



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Formulated by Hans. A. Nieper, M.D. of Hannover, Germany

MAGNESIUM OROTATE

500 mg 100 Tablets **Dietary Supplement**

Supplement Facts

| Servings Per Contain | Under 50 years old 2 tablets ner 50 | | Over 50 years old 4 tablets 25 | |
|---|---|-----------------|--------------------------------------|-----------------|
| Mannagium | mount per Serving | %Daily Value | Amount per Serving | %Daily Value |
| Magnesium (as magnesium orotate) (as elemental magnesium) | 1000 ma | 15% | 2000 mg (126 mg) | 30% |

Other Ingredients: Microcrystalline Cellulose, Silicified Microcrystalline Cellulose, Natural Glaze and Magnesium Stearate.

MADE IN THE USA MANUFACTURED EXCLUSIVELY FOR: ADVANCED RESEARCH P.O. BOX 11 SANTA TERESA, NM 88008 1-800-222-7153