

HEALTHY RED BLOOD CELLS*



Ultimate Iron® replaces iron loss for vital energy and stamina.* At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best products the earth has to give. Any material we source is rigorously tested for adulterants and potency, so we can deliver quality without compromise and help you live healthier. It's not just our way, it's Nature's Way.™

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ULTIMATE IRON®

HEALTHY RED
BLOOD CELLS*

90 SOFTGELS

DIETARY SUPPLEMENT

Recommendation: Adults swallow 2 softgels daily with food. **Warning:** Do not use if you are pregnant or nursing. If you are taking any medications, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of the reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Supplement Facts

Serving Size 2 Softgels
Servings per Container 45

Amount per Serving		% DV†
Calories	10	
Total Fat	1 g	1%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Vitamin C (ascorbic acid)	120 mg	133%
Folate	666 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B12 (as cyanocobalamin)	200 mcg	8,333%

Amount per Serving		% DV†
Iron (as ferrous succinate)	50 mg	278%
Liquid Liver Fractions	500 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: soybean oil, gelatin, glycerin, purified water, beeswax, soy lecithin
Contains soy.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No salt, wheat, dairy, or artificial colors.

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Questions? 1-800-9NATURE / naturesway.com

