

A Good Day Starts with a Good Night.

Manage the stresses of the day to help get the restful sleep you need to function at your best.* Sleep Tonight™ is designed to support adrenal health for balanced cortisol levels, and promote a healthy stress response to support restful sleep.* This melatonin-free supplement is formulated with a stress-reducing proprietary blend of Sensoril® brand ashwagandha and L-theanine.*

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Sensoril® is a registered trademark of Natreon, Inc. and is protected under U.S. Patent No. 7,318,938.

GLUTEN FREE. No yeast-derived ingredients, wheat, or dairy.

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Sleep tonight™

STRESS-REDUCING FORMULA*

Dietary Supplement

28 TABLETS

Recommendation: Adults take 1 tablet before bedtime, or as recommended by a healthcare professional. For nightly use. **Warning:** Do not use if you are pregnant or nursing. If you are taking any medications, consult a healthcare professional before use. Individuals with diabetes should monitor blood glucose levels closely while taking this product.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Stress-Reducing Proprietary Blend: Ashwagandha (Sensoril® brand) (root, leaf) Extract, L-Theanine	250 mg	**
Cortisol-Reducing Proprietary Blend: Magnolia (bark) Extract standardized to 2% honokiol and 1% magnolol, Epimedium (aerial parts) Extract	225 mg	**
Phosphatidylserine (from soybean lecithin)	50 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, calcium silicate, magnesium stearate, silica, hypromellose, glycerin. Contains soy.