



PROFESSIONAL QUALITY FORMULAS

Cognitein™
Healthy Brain Aging*

120 Vegetable Capsules
DIETARY SUPPLEMENT

Featuring



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving	% Daily Value	
Magnesium (from 1,000 mg magnesium L-Threonate) [†]	70 mg	17%
L-Taurine	200 mg	**
L-Theanine	100 mg	**

**Daily Value not established.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Manufactured for: | 9503 E. 55th Place | Tulsa, OK 74145
NuMedica® LLC | 800.869.8100 | www.numedica.com

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

[†]As Magtein® – is a trademark of Magceutics®, Inc. and is distributed exclusively by AIDP, Inc. Protected under US patents 8,178,118; 8,142,803; 8,163,301; and other patents and pending patents.

v32.OA-10000NM591

Directions: Take 2 capsules once per day or as directed by your healthcare practitioner.

Cognitein™ is a unique combination of Magtein® (magnesium L-threonate), L-aurine and L-theanine designed to help support healthy cognitive function. Magtein®, magnesium L-threonate, has been shown to support healthy levels of magnesium in the brain and functional neuronal terminals.* Magtein® is a patented and clinically studied ingredient shown to support cognitive function and healthy brain aging.*

L-aurine is an abundant amino acid in the human body but taurine levels typically decrease with age. New studies show that taurine may play a major role in supporting the brain when exposed to toxic chemicals from water supplies and other environmental sources.*

L-theanine helps with activity in the alpha-1 frequency band of resting brain activity, which indicates that it relaxes the mind without inducing drowsiness.* An increase in the activity of alpha-bands also appears important for suppressing distracting visual information during demanding tasks.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Vegetarian Gluten-Free

