

Directions: Take one capsule per day or as directed by your healthcare practitioner.

Methyl Folate™ contains Quatrefolic® – the most biologically active form of folate – allowing rapid uptake into the bloodstream.* This superior, methylated form of folate is metabolically active and ready for the body to use since it requires no additional conversion to be absorbed.* Folate is also necessary for the conversion of homocysteine to methionine.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

This Formula Meets or Exceeds cGMP Quality Standards.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



PROFESSIONAL QUALITY FORMULAS

Methyl Folate™

5-MTHF

120 Vegetable Capsules
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 120

Amount Per Serving		% Daily Value
Folate	1,360 mcg DFE	340%
(as 6(S)-5-methyltetrahydrofolic acid, glucosamine salt*)		

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), rice flour, magnesium stearate, stearic acid, silica.

Manufactured for: **NuMedica® LLC**

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†As Quatrefolic® 5-MTHF. Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.



Gluten-Free

Vegetarian

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