

**STORE IN A COOL, DRY PLACE.**

**Recommendations:** As a dietary supplement, take 1 capsule, 1-3 times daily, before meals.

**Warning:** Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use. Do not use concurrently with antidepressants.

**Keep out of the reach of children.**



Scan to learn about  
our hypoallergenic  
supplements



Use only if safety  
seal is intact.  
Contents may not fill bottle  
in order to accommodate  
required labeling. Please  
rely on stated quantity.

Certified Gluten-  
Free by the Gluten-  
Free Certification  
Organization,  
[www.gluten.org](http://www.gluten.org)



**5-HTP**  
(5-hydroxytryptophan)  
100 mg

*Supports brain serotonin levels\**

**Gluten-free, Non-GMO  
& Hypoallergenic  
Dietary Supplement**

**180 CAPSULES**

## Supplement Facts

Serving size 1 capsule  
Servings per container 180

	Amount Per Serving	% DV
5-Hydroxytryptophan	100 mg	*

\* Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose),  
vegetarian capsule (cellulose, water)

**†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

manufactured by: **Pure Encapsulations**  
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1-800-753-2277 [www.PureEncapsulations.com](http://www.PureEncapsulations.com)

V7

code: **HYD11**