# THE GOODS INSIDE

GABA

This fast working (within 30-60 minutes!) amino acid supports a relaxed state of mind to help combat the acute effects of stress.\* Go GABA!!



# L-THEANINE

GABA's partner in sublime - this ingredient goes right to work in your brain to help you keep your cool.\*



## **LEMON BALM**

A soothing botanical that has been used for centuries to help quiet the mind.\*



Suggested Use: Take 2 gummies per day as needed. Chew thoroughly before swallowing.

# Supplement Facts

Serving Size 2 Gummies Servings Per Container 30

| Amount Per Serving                   |        | % DV |
|--------------------------------------|--------|------|
| Calories                             | 15     |      |
| Total Carbohydrate                   | 3g     | 1%†  |
| Total Sugars                         | 2g     | **   |
| Includes 2g Added Sugars             | 3      | 4%†  |
| GABA<br>(gamma-aminobutyric acid)    | 100 mg |      |
| L-Theanine                           | 50 mg  | **   |
| Lemon Balm Extract<br>(aerial parts) | 75 mg  | **   |

<sup>†</sup>Percent Daily Values (DV) are based on a 2,000 calorie diet. "Daily Value not established.

Other Ingredients: Glucose Syrup, Beet Sugar, Water, Gelatin, Natural Flavor, Citric Acid, Coloring (from pepper, apple, tomato, sweet potato and radish juices), Pectin, Vegetable Oil (coconut, canola) and Carnauba Wax (to prevent sticking).

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ay contain soy, egg, peanuts, to milk fish, shellfish and wheat

suggested use. Intended rasional use only. If you have ical condition, are on ation or are pregnant or please seek the advice of ed health care professional using. Not intended for use ten. Do not use if inner seal oken or missing.

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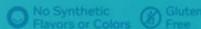


### **NATURALLY TASTY**

A zen blend of strawberry and lemon verbena.

## TAKE AS NEEDED

No food or water necessary.













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