

SUGGESTED USE: Mix 1 scoop in a 16 ounce glass of water.

Dr. Berg's Electrolyte Powder provides the perfect balance of electrolytes without the added sugar and with zero maltodextrin. This product supports hydration, muscle recovery and healthy energy levels.[†]

WARNING: Consult your physician before using, especially if you have kidney disease, low pulse rate, or hyperkalemia (high blood potassium). One study did show a risk of small-bowel lesions related to the use of oral drug products containing high amounts of potassium chloride; however, our product uses potassium citrate.[†]

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not remove desiccant from jar as this maintains freshness. Seal lid firmly after each use.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.

Developed and distributed by Dr. Eric Berg DC

To reorder: shop.drberg.com (800) 816-8184

Dr. Berg Nutritionals

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Dr. Berg

THE KNOWLEDGE DOC™

DIETARY SUPPLEMENT

ELECTROLYTE POWDER

RASPBERRY & LEMON NATURAL FLAVOR

345 g

Replenishing and rehydrating minerals
No sugar, no maltodextrin, no artificial anything!

Supplement Facts

Serving size: 1 scoop, approx. 6.9 g / 0.24 oz

Servings per container: approx. 50

	Amount per Serving	% DV*
Calcium (from calcium lactate)	75 mg	6%
Magnesium (from magnesium citrate)	120 mg	29%
Chloride (from pink Himalayan salt)	60 mg	2%
Sodium (from pink Himalayan salt)	40 mg	<2%
Potassium (from potassium citrate)	1,000 mg	21%
Trace mineral complex	100 mg	**

*Percent Daily Values are based on a 2000 calorie diet.

**Daily Value not established.

Other ingredients: Citric acid anhydrous (non-GMO form), natural lemon and raspberry flavors, malic acid, organic stevia Reb A 98%