

SUPPLEMENT FACTS

Serving Size: 1 Level Scoop (14 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	0	
Total Carbohydrate	0 g	0%*
Sugars	0 g	**
Vitamin B6 (as Pyridoxine Hydrochloride)	640 mcg	32%
Sodium	220 mg	9%
Potassium	180 mg	5%
L-Leucine	3500 mg	**
L-Glutamine	2500 mg	**
L-Isoleucine	1750 mg	**
L-Valine	1750 mg	**
Electrolyte Blend	1140 mg	**
Sodium Citrate, Potassium Chloride, Sodium Chloride		
Citrulline Malate (1:1)	1000 mg	**

*Percent Daily Values (%DV) based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Other Ingredients: Malic Acid, Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, FD&C Blue #1.

Recommended Use: As a dietary supplement, mix each scoop in 10-14 fl. oz. of water (adjust for taste preference) and shake well. On training days, consume 1 scoop during exercise and 1 scoop after exercise. On non-training days, consume 2 scoops throughout the day. For best results, use two scoops per day.

*Based upon cumulative global sales of all XTEND® branded BCAA products from 2004 to present.

Manufactured for: Nutrabolt®
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Xtend® is a trademark of SCIVATION, INC.

Made in the U.S.A. using strategically sourced domestic and imported ingredients and components.



Contents Tested & Certified



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Warning: This product is only intended for healthy adults, 18 years of age or older. Do not use if pregnant or nursing. Consult with a licensed, qualified, healthcare professional before taking this or any dietary supplement, especially if you are taking medication or have a medical condition. Discontinue 2 weeks prior to surgery. Use as directed. Do not use if the seal is broken or missing. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN. Do not use if the container is not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight. †These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



THE OFFICIAL RECOVERY BRAND OF CHAMPIONS!

Faster recovery is the key to better results. For over 10 years, XTEND® has been making the best recovery products in the world. Powered by 7 grams of branched-chain amino acids (BCAAs), which have been clinically shown to support muscle recovery and growth, XTEND® ORIGINAL also contains hydrating electrolytes and additional performance ingredients to help you refuel, repair, and recover. Try all the sugar-free, mouthwatering flavors of XTEND® to support your fitness goals!

WHEN TO TAKE XTEND® FOR BEST RESULTS:

PRE WORKOUT



XTEND® ENERGY

INTRA WORKOUT



XTEND® ORIGINAL

POST WORKOUT



XTEND® PRO

Combine with any XTEND® branded product every day, even on rest days, to help maximize your recovery!



XTEND



THE ORIGINAL
7g BCAA*

MUSCLE RECOVERY† + ELECTROLYTES



FREEDOM ICE
NATURALLY & ARTIFICIALLY FLAVORED

0 CALORIES* 0g CARB* 0g SUGAR*

30 SERVINGS

DIETARY SUPPLEMENT • NET WT. 420g (14.8oz) *Per Serving