

FOR OCCASIONAL
CONSTIPATION*

At Nature's Way®, we believe nature knows best. That's why our mission is to seek out the best herbs the earth has to give. We will go to any continent or country to find where herbs grow best, so we can bring you the purest botanicals possible. It's the way we deliver uncompromising quality and the way to help you live healthier. It's not just our way, it's Nature's Way.™

◆ LG930.C01 BLK8167C



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



✱ PREMIUM BLEND ✱

NURTURALAX 3

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100 VEGAN CAPSULES | 6-HERB BLEND
DIETARY SUPPLEMENT

Recommendation: Adults and children 12 years of age and older: Take 1 capsule with a full glass (8 ounces) of liquid at bedtime. Not recommended for children under 12 years of age. Do not take more than 1 capsule in a 24-hour period. Do not take more than 7 days as frequent or prolonged use may result in dependence. Do not exceed recommended dose. Not intended for long-term use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV**
Proprietary Blend:	410 mg**
Cascara Sagrada (bark), Butternut (bark), Fennel (seed), Ginger (root), Raspberry (leaf), Peppermint (leaf)	

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hydroxypropylmethylcellulose), cellulose, silica

Warning: Do not use when nausea or vomiting are present unless directed by a healthcare professional. Do not use if you have history of, or currently have intestinal disease. Consult a healthcare professional if you have noticed a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. If you experience any ▶

of these symptoms, discontinue use and consult a healthcare professional.

NOTICE: This product contains Cascara Sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health.**

Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medication, or have a medical condition.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No salt, yeast-derived ingredients, wheat, soy, dairy, or artificial colors, flavors, or preservatives.

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