

NATURE'S WAY® FLAX OIL is the highest quality oil — guaranteed to contain 52% Alpha-Linolenic Acid (ALA).

QUALITY CONTROL FROM SOIL TO OIL

Our involvement begins in the fields and continues through harvesting, seed selection, oil pressing, and purity testing.

COLD-PRESSED, UNREFINED, AND HEXANE FREE

No chemical solvents or starch.

KEEP OUT OF REACH OF CHILDREN. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA

QUESTIONS? 1-800-9NATURE / naturesway.com

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FLAX OIL

MAX STRENGTH[†]



[†]Compared to 1,000 mg per softgel dosage

COLD-PRESSED • UNREFINED • HEXANE FREE

2,600 MG PER SERVING
52% ALPHA-LINOLENIC ACID (ALA)

100 SOFTGELS DIETARY SUPPLEMENT

RECOMMENDATION: Adults swallow 2 softgels 2 to 3 times daily. Do not chew. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Softgels / Servings per Container 50

Amount per Serving		% DV
Calories	25	
Total Fat	2.5 g	3% [†]
Saturated Fat	0 g	0% [†]
Trans Fat	0 g	**
Polyunsaturated Fat	2 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Protein	<1 g	1% [†]
Organic Flax Oil (seed)	2.6 g	**
Omega-3 Fatty Acids as Alpha-Linolenic Acid (ALA)	1.37 g	**
Omega-9 Fatty Acids as Oleic Acid (OA)	390 mg	**
Omega-6 Fatty Acids as Linoleic Acid (LA)	360 mg	**

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: gelatin (softgel), glycerin, purified water, caramel and carob color