

GET THE MOST FROM YOUR MULTI!

Orchard Fruits™ /
Garden Veggies™
Powder Blend

CranRx®
Concentrate

Mushroom
Defense
Blend

Cardio
Blend

Citrus
Bioflavonoid
Complex

Daily Greens™
Blend

Digestive
Enzyme
Blend

Flax Lignan
Blend

Mind & Body
Energy
Blend



BALANCED FOR WOMEN 50+

With High Potency B-Vitamins including the active form of B-12

EYE HEALTH*

Beta-Carotene (Vitamin A)
Vitamins C, E, Lutein, Zinc

BONE HEALTH*

Calcium, Folate
Magnesium, Manganese
Vitamins D3, K

HEART HEALTH*

B-Vitamins
Vitamins C, E

IMMUNE HEALTH*

Selenium, Zinc
Vitamins A, C, D3

ENERGY METABOLISM*

B-Vitamins

SKIN HEALTH*

Vitamins A, C, E, Zinc

FREE FROM GLUTEN AND ARTIFICIAL COLORS

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LG13941.E01 BLK8653E



VEGETARIAN

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**HIGH
POTENCY
B-VITAMINS**
to help convert
food to fuel*

ONCE DAILY

Nature's
Way

Alive!



WOMEN'S 50+ ULTRA POTENCY COMPLETE MULTIVITAMIN

**Energizer™ with Food-Based Blends
& Orchard Fruits™ / Garden Veggies™
Powder Blend (60 mg per serving)**

150 TABLETS • MULTIVITAMIN SUPPLEMENT

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet	Amount per Serving	% DV**
Vitamin A (as 50% [675 mcg] beta-carotene, 50% [675 mcg] retinyl acetate)	1,350 mcg	150%
Vitamin C (ascorbic acid)	180 mg	200%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg	100%
Vitamin K (as phytonadione)	150 mcg	125%
Thiamin (as thiamin mononitrate)	20 mg	1,667%
Riboflavin	20 mg	1,538%
Niacin (as niacinamide)	40 mg	250%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,176%
Folate	400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B12 (as methylcobalamin)	90 mcg	3,750%
Biotin	33 mcg	110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	11 mg	2%
Calcium (as calcium carbonate, dicalcium phosphate)	130 mg	10%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	105 mg	25%
Zinc (as zinc oxide)	11 mg	100%
Selenium (as sodium selenate)	200 mcg	364%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum,	60 mg	**

Amount per Serving	% DV**
Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	
Mind & Body Energy Blend: Asian Ginseng (root) Extract, Eleuthero (root), Ginkgo biloba (leaf) Extract, Gotu Kola (aerial parts), Rhodiola (root) Extract	30 mg
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) Extract, Coenzyme Q10 (ubiquinone-10)	20 mg
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)	20 mg
CranRx® Cranberry (fruit) Concentrate	20 mg
Daily Greens™ Blend: Spirulina, Kelp, Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus) (aerial parts), Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg
Flax Lignan/Fiber Blend: Flax Lignan (seed) Fiber, Flax Lignan (seed hulls) Extract	20 mg
Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes), Organic Maitake (Gifelle frondosa), Organic Yamabushitake (Hericium erinaceus), Organic Agarikon (Fomitopsis officinalis), Organic Chaga (Inonotus obliquus), Organic Himmatulake Agaricus brasiliensis/brazili, Organic Kowaratake (Trametes versicolor), Organic Mesima (Phallium linteus), Organic Zhu Ling (Gifelle umbellata)	20 mg
Inositol	10 mg
Digestive Enzyme Blend: Betaine HCl, Bromelain, Papain	7 mg
Rutin (from Sophora japonica [flower bud] Extract)	5 mg
Lutein (from Aztec Marigold [flower] Extract)	1 mg

**Daily Value (DV) not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hypromellose, glycerin, brown rice

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