

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant, nursing, or under the age of 18. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

FREE GLUTEN AND
FROM ARTIFICIAL COLORS

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.



◆ LG15691.E01 BLK8652E

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE / naturesway.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**HIGH
POTENCY
B-VITAMINS**
to help convert
food to fuel*



ONCE DAILY

Alive!



**MEN'S 50+
ULTRA POTENCY**
COMPLETE MULTIVITAMIN

**Energizer™ with Food-Based Blends
& Orchard Fruits™ / Garden Veggies™**
Powder Blend (60 mg per serving)

60 TABLETS • MULTIVITAMIN SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV†
Total Carbohydrate.....	<1 g..... <1%†
Vitamin A (as 50% [675 mcg] ...)	1,350 mcg..... 150%
beta-carotene, 50% [675 mcg] retinyl acetate)	
Vitamin C (ascorbic acid).....	203 mg..... 226%
Vitamin D3 (as cholecalciferol).....	50 mcg..... 250%
Vitamin E (as d-alpha tocopheryl succinate).....	15 mg..... 100%
Vitamin K (as phytonadione).....	120 mcg..... 100%
Thiamin (as thiamin mononitrate).....	20 mg..... 1,667%
Riboflavin.....	20 mg..... 1,538%
Niacin (as niacinamide).....	40 mg..... 250%
Vitamin B6 (as pyridoxine HCl).....	20 mg..... 1,176%
Folate (240 mcg Folic Acid).....	400 mcgDPE..... 100%
Vitamin B12 (as methylcobalamin).....	90 mcg..... 3,750%
Biotin.....	33 mcg..... 110%
Pantothenic Acid (as D-calcium pantothenate).....	20 mg..... 400%
Choline (as choline bitartrate).....	20 mg..... 4%
Calcium (as calcium carbonate).....	130 mg..... 10%
dicalcium phosphate)	
Iodine (as potassium iodide).....	150 mcg..... 100%
Magnesium (as magnesium oxide).....	55 mg..... 13%
Zinc (as zinc oxide).....	22 mg..... 200%
Selenium (as sodium selenate).....	200 mcg..... 364%
Copper (as copper sulfate).....	1.8 mg..... 200%
Manganese (as manganese sulfate).....	5.8 mg..... 252%
Molybdenum (as sodium molybdate).....	45 mcg..... 100%
Men's Blend: Saw Palmetto (berry), Tomato	101 mg..... **
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana,	60 mg..... **

Other ingredients: cellulose, stearic acid, sodium hypromellose, glycerin, brown rice

Amount per Serving

% DV†
Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach
Mind & Body Energy Blend: Asian Ginseng (root) Extract, Eleuthero (root), Ginkgo biloba (leaf) Extract, Gotu Kola (aerial parts), Rhodiola (root) Extract
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) Extract, Coenzyme Q10 (ubiquinone-10)
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)
Daily Greens™ Blend: Spirulina, Kelp, Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus) (aerial parts), Nettie (Urtica spp.) (leaf), Plantain (leaf), Wheat (grass)
Inositol..... 20 mg..... **
Mushroom Mycelial & Primordia Biomass... 20 mg..... **
Defense Blend: Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes), Organic Maitake (Grifola frondosa), Organic Yamabushitake (Hericium erinaceus), Organic Agarikon (Fomitopsis officinalis), Organic Chaga (Inonotus obliquus), Organic Himematsutake (Agaricus brasiliensis/blazei), Organic Kava (Kava kava) (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Ling (Grifola umbellata)
Digestive Enzyme Blend: Betaine HCl, Bromelain, Papain
Rutin (from Sophora japonica [flower bud] Extract)
Lutein (from Aztec Marigold [flower] Extract)..... 1 mg..... **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.