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BCM-95®

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BCM-95[®]

OptiCleanse® GHI



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REV. 102121



OptiCleanse® GHI is a comprehensive, fructose-free, low-allergy-potential dietary supplement designed to support gastrointestinal (GI) function and balanced detoxification. It features VegaPro™, XYMOGEN's proprietary amino acid and pea/rice protein blend; AminoGen®, to facilitate protein absorption; phytonutrients; mineral amino acid chelates; and activated B vitamins, including Quatrefolic® and methylcobalamin. In conjunction with a modified elimination diet, OptiCleanse GHI addresses GI and hepatic function as well as eicosanoid balance and cytokine metabolism. This formula is suitable for vegans.*

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DIRECTIONS: Blend, shake, or briskly stir the contents of one packet (62 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional. The labeling on this product does not comply with California's Proposition 65. Therefore, this product may not be sold in California.

STORAGE: Store in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

 S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

 S2, Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904.

S3. Preventium® is a registered trademark of Applied Food Sciences, LLC. (US patents 4,845,123, 5,364,644, 5,561,160).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**clean
seas**

turn the tide
on plastic

#CleanSeas

XYMOGEN is committed to reducing the amount of plastics used throughout our business, particularly in the packaging of our products. With our participation in the United Nations Environment Programme Clean Seas initiative, we strive to positively decrease our environmental footprint, providing results that can ultimately:

» Help free the ocean of litter, making it safer for millions of marine animals.

» Reduce the use of non-renewable resources.

» **Keep wild-caught seafood healthy and safe to eat.**

- » Protect maritime economies such as organic fishing, tourism, and recreation.

Supplement Facts

Serving Size: 1 Packet (about 62 g)
 Net Weight Per Container: 10

	Amount Per Serving	%DV
Calories	230	
Total Fat	8 g	10% ¹
Saturated Fat	2 g	10% ¹
Total Saturated Fat	19 g	7%
Dietary Fiber	6 g	21%
Total Sugars	5 g	**
Includes 5g Added Sugars	10%	
Protein (from Pea Protein Isolate and Rice Protein Concentrate)	25 g	
Vitamin A (as natural beta-carotene)	750 mcg	83%
Vitamin C (as sodium ascorbate)	250 mg	278%
Thiamin (as thiamine HCl)	15 mg	1250%
Riboflavin (as sodium riboflavin-5-phosphate sodium)	5 mg	384%
Niacin (as nicotinamide and niacin)	40 mg	250%
Vitamin B6 (as pyridoxal-5-phosphate sodium)	5 mg	295%
Folate (as (RS)-5-methyltetrahydrofolate acid, folic acid)	340 mcg DFE	55%
Vitamin B12 (as methylcobalamin)	5 mcg	103%
Biotin	150 mcg	500%
Pantothenic Acid (as D-calcium pantothenate)	35 mg	700%
Choline (as choline bitartrate)	100 mg	18%
Calcium (as calcium malate) ²	220 mg	17%
Inorganic with naturally occurring calcium (from naturally occurring)	6 mg	33%
Iodine (as potassium iodide)	60 mcg	40%
Magnesium (as D-magnesium malate) ³	140 mg	33%
Zinc (as zinc bisglycinate chelate) ⁴	10 mg	91%
Manganese (as selenium glycinate complex) ⁵	100 mcg	182%
Manganese (as manganese bisglycinate chelate) ⁶	2 mg	87%
Chromium (as chromium nicotinate glycinate chelate) ⁷	60 mcg	171%
Molybdenum (as molybdenum glycinate chelate) ⁸	35 mcg	78%
Sodium (from ingredients with naturally occurring sodium, sodium aspartate, and sodium carbonate)	585 mg	25%
Potassium (from tripotassium citrate and ingredients with naturally occurring potassium)	550 mg	11%
Naturally Flavored	5 g	**
Typical Alpha-Lipoic Acid	128 mg	**
Typical Lipoic Acid	382 mg	**
Pomegranate Extract (<i>Punica granatum</i>) (whole fruit, 30% polyphenolics A+B and punicalic acids A+B)	400 mg	**
Betaine Anhydrous (Trimethylglycine)	250 mg	**
Lemon Bioflavonoid Complex (<i>Citrus x limon</i>) (fruit peel, 25% bioflavonoids)	250 mg	**
Quercetin (as quercetin dihydrate from <i>Biochanina mollis</i>) (pilot)	250 mg	**
Polysorbate G ⁹ (arabitol)	250 mg	**
Rutin (from <i>Rutaria aquatilis</i>) (fruit)	250 mg	**
Turmeric Extract (<i>Curcuma longa</i>) (rhizome) (95% total curcuminoids, including curcumin, curcuminols, and volatile oils) (80% curcuminoids, 85% curcumin) ¹⁰	200 mg	**
N-Acetyl-L-Cysteine	150 mg	**
Ginger (<i>Zingiber officinalis</i>) (rhizome)	150 mg	**
Methylsulfonylmethane (MSM)	120 mg	**
Sodium Sulfate Anhydrous	100 mg	**
Green Tea Aquasol Extract (<i>Camellia sinensis</i>) (leaf)	82 mg	**
(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine)		

¹ Percent Daily Values are based on a 2,000 calorie diet.
 ** Daily Value (DV) not established.

Other Ingredients: Dried cane syrup, cocoa powder, natural flavors (no MSG), sunflower oil, medium-chain triglyceride oil, taurine, glycine, cellulose gum, xanthan gum, fungal proteases^{SS}, stevia leaf extract, L-glutamine, guar gum, and silica.

XYMOGEN® Exclusive Professional Formulas
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Typical Amino Acid Profile Per Serving:

Alanine	1,280 mg
Arginine	2,580 mg
Aspartic Acid	3,400 mg
Cysteine	300 mg
Glutamic Acid	4,990 mg
Glycine	1,720 mg
Histidine	740 mg
Isoleucine	1,330 mg
Leucine	2,490 mg
Lysine	2,120 mg
Methionine	330 mg
Phenylalanine	1,630 mg
Proline	1,340 mg
Serine	1,570 mg
Threonine	1,160 mg
Taurine	500 mg
Tryptophan	300 mg
Tyrosine	1,130 mg
Valine	1,490 mg

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