This Unit Not Labeled For Individual Sale

Supplement Facts

Serving Size: 1 Packet (about 41 g)
Servings Per Container: 10

	Amount Per Serving	%DV
Calories	160	
Total Fat	4.5 g	6%*
Saturated Fat	2 g	10%*
Total Carbohydrate	14 g	5%*
Dietary Fiber	7 g	25%
Total Sugars	5 g	**
Includes 5g Added Sugars		10%
Protein (from Pea Protein Isolate and Rice Protein Concentrate)	15 g	
Vitamin A (25% as natural beta-carotene and 25% as retinyl palmitate)	560 mcg	62%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	125 mg	139%
Vitamin E (as d-alpha tocopheryl succinate)	33.5 mg	223%
Thiamin (as thiamine mononitrate)	5 mg	417%
Riboflavin (as riboflavin 5'-phosphate sodium)	5 mg	385%
Niacin (as niacinamide and niacin)	16 mg	100%
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	294%
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt)[1]	100 mcg DFE	25%
Vitamin B12 (as methylcobalamin)	125 mcg	5208%
Biotin	250 mcg	833%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	1000%
Choline (as choline dihydrogen citrate)	9 mg	2%
Calcium (as dicalcium malate[2] and ingredients with naturally occurring calcium)	40 mg	3%
Iron (naturally occurring)	3 mg	17%
Iodine (as potassium iodide)	25 mcg	17%
Magnesium (as di-magnesium malate)[2]	25 mg	6%
Zinc (as zinc bisglycinate chelate)[3]	3.25 mg	30%
Selenium (as selenium glycinate complex)[3]	25 mcg	45%
Manganese (as manganese bisglycinate chelate)[3]	0.125 mg	5%
Chromium (as chromium nicotinate glycinate chelate)[3]	125 mcg	357%
Molybdenum (as molybdenum glycinate chelate)[3]	12.5 mcg	28%
Sodium (naturally occurring)	330 mg	14%
Potassium (from tripotassium citrate, potassium glycinate complex[4] and ingredients with naturally occurring potassium)	510 mg	11%
Chitin-glucan (from *Aspergillus niger*)[5]	2.25 g	**
Mixed Tocopherols	18 mg	**
Inositol	9 mg	**
PABA (para-aminobenzoic acid)	3.25 mg	**
Vanadium (as vanadium nicotinate glycinate chelate)[3]	187.5 mcg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Dried cane syrup, inulin (from chicory), sunflower oil, glycine, natural flavors (no MSG), medium-chain triglyceride oil, taurine, fungal proteases[5], cellulose gum, xanthan gum, guar gum, silica, L-glutamine, and stevia leaf extract.

XYMOGEN® Exclusive Professional Formulas
6900 Kingspointe Pkwy. Orlando, FL 32819
www.xymogen.com 800-647-0100

Allergen Statement: Contains soy, milk (from whey), sunflower oil, glycine, natural flavors (no MSG), medium-chain triglyceride oil, taurine, fungal proteases, cellulose gum, xanthan gum, guar gum, silica, L-glutamine, and stevia leaf extract.
* Daily Value (Dv) not established.

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PROFESSIONAL USE ONLY
Not for resale on third-party websites, including, but not limited to, Amazon® and eBay®.

DIRECTIONS: Mix the contents of one packet (41 g) in 6-8 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack or meal supplement, or taken as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional.

STORAGE: Store in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.

S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

S2. Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904.

S3. KiOtransine® is a registered trademark of KitoZyme S.A.

S4. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.

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Dietary Supplement
NET WT 1.4 oz (41 g)

ePV:

FITFood® LEAN COMPLETE

French Vanilla

Dietary Supplement
10-1.4 oz (41 g) Single Serving Packets
NET WT 14.5 oz (410 g)

Scan this code to learn more!

ePV:

FITFood® LEAN COMPLETE

French Vanilla

Typical Amino Acid Profile Per Serving:

Alanine	800 mg
Arginine	1,610 mg
Aspartic Acid	2,120 mg
Cysteine	190 mg
Glutamic Acid	3,110 mg
Glycine	2,760 mg
Histidine	460 mg
Isoleucine	830 mg
Leucine	1,550 mg
Lysine	1,320 mg
Methionine	210 mg
Phenylalanine	1,020 mg
Proline	830 mg
Serine	980 mg
Taurine	500 mg
Threonine	720 mg
Tryptophan	190 mg
Tyrosine	710 mg
Valine	930 mg

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French Vanilla

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Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional. The labeling on this product does not comply with California's Proposition 65. Therefore, this product may not be sold in California.

STORAGE: Keep closed in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.

FIT Food™ Lean Complete is a nutrient-rich shake mix ideal for individuals sensitive or allergic to soy and/or dairy or those seeking a high-quality source of plant-based protein. FIT Food Lean Complete features VegaPro™, an all-natural pea and rice protein blend; Aminogen®, a plant enzyme that enhances protein digestibility and absorption; and KiOtransine® chitin-glucan, a novel fiber that supports antioxidant systems in the body. This fructose-free, vegan formula also provides an array of micronutrients, including high-potency vitamins C and B12, activated B vitamins, and Albion® TRAACS® chelated minerals (the real amino acid chelate system).*

- **Free of Gluten, Dairy, Lactose, and Other Common Allergens**
- **Non-GMO**
- **No Soy Protein**
- **No Fructose**

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FITFood® LEAN COMPLETE

French Vanilla

clean seas
turn the tide on plastic

#CleanSeas

XYMOGEN is committed to reducing the amount of plastics used throughout our business, particularly in the packaging of our products. With our participation in the United Nations Environment Programme Clean Seas initiative, we strive to positively decrease our environmental footprint, providing results that can ultimately:

» Help free the ocean of litter, making it safer for millions of marine animals.

» Reduce the use of non-renewable resources.

» Keep wild-caught seafood healthy and safe to eat.

» Protect maritime economies such as organic fishing, tourism, and recreation.