



whole
herbs



nutrient
dense*



raw



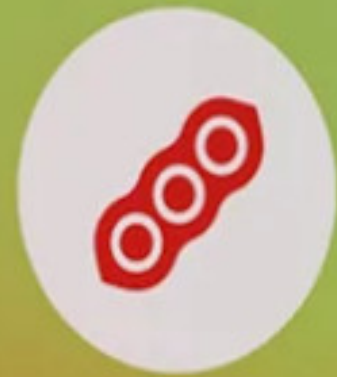
gluten
free



us grown



vegan



soy free



non gmo

FREEZE DRIED FRESH FOR PEAK PLANT POWER

Our Black Raspberries are locally grown and fresh freeze-dried in-house in small batches. Freeze-drying is the best method of preservation as it naturally concentrates the nutrients in the plant by removing only the water. Nothing artificial - no fillers, sweeteners, additives or preservatives.

Concentrated 7 X through freeze-drying

100% Kosher. Keep out of reach of children. Discontinue use if unusual symptoms occur. Consult your health care advisor regarding herbs with pregnancy, infants or prescription drugs.

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



eclectic herb

FREEZE DRIED FRESH

nettles

FOR PEAK PLANT POWER

60 g (2.1 oz)

Dietary Supplement

SUPPLEMENT FACTS

Serving Size: 1 tsp (1.5 g)
Servings per container: 40

Amount per serving

Freeze-dried wildcrafted nettle leaf (<i>Urtica dioica</i>)	1.5 g [†]
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[†]Daily value not established

SUGGESTED USE: Add one teaspoon of powder to 8 oz water or juice and shake well. Can also be added to smoothies, dips, yogurt or other foods.

**1 tsp of freeze-dried black raspberry =
5.5 tsp of fresh black raspberry**

Best stored tightly capped in the refrigerator after opening

Eclectic Herb, 755 NE 6th St.

Gresham, Oregon 97030 503.668.4120

www.eclecticherb.com

@eclecticherb

3761300

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