

PROFESSIONAL USE ONLY

Not for resale on third-party websites, including, but not limited to, Amazon® and eBay®.

DIRECTIONS: Mix one level scoop (28 g) with 6-8 oz of cold water and consume daily, or use as directed by your healthcare professional. Adjust the amount of water according to thickness desired.

Consult your healthcare professional before use. Individuals taking medication should discuss potential interactions with their healthcare professional. Do not use if tamper seal is damaged.

FIT Food® Lean Collagen features bovine collagen peptides complemented with beta-hydroxy-beta-methylbutyrate (HMB) and vitamin D3, making it an optimal choice for supporting collagen production, the integrity of connective tissues, and muscle health. A natural metabolite of leucine, HMB increases lean muscle mass through dual mechanisms: inhibiting protein degradation and promoting protein synthesis. This versatile formula rapidly disperses in water and is ideal for athletes or for individuals who need an easily digested protein source.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, and artificial preservatives.



FITFood® LEAN Collagen

15 g Bovine Collagen Peptides

Mocha Latte

Dietary Supplement

NET WT 13.83 oz (392 g)

ePV:



Supplement Facts

Serving Size: 1 Scoop (about 28 g)
Servings Per Container: About 14

	Amount Per Serving	%Daily Value
Calories	100	
Total Fat	2 g	3%†
Saturated Fat	0.5 g	3%†
Total Carbohydrate	5 g	2%†
Dietary Fiber	1 g	4%
Protein (from bovine collagen peptides)	15 g	
Vitamin D3 (cholecalciferol)	12.5 mcg	63%
Calcium (from calcium beta-hydroxy-beta-methylbutyrate-monohydrate ^{S1} and ingredients with naturally occurring calcium)	400 mg	31%
Sodium (naturally occurring)	120 mg	5%
Calcium Beta-Hydroxy-Beta-Methylbutyrate-Monohydrate ^{S1}	3 g	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Natural flavors (no MSG), sunflower oil, cocoa powder, silica, medium-chain triglyceride oil, cellulose gum, xanthan gum, and monk fruit extract.

XYMOGEN® Exclusive Professional Formulas
6900 Kingspointe Pkwy. Orlando, FL 32819
www.xymogen.com 800-647-6100

S1. myHMB® is a registered trademark of Metabolic Technologies, LLC. Nutritional uses of calcium beta-hydroxy-beta-methylbutyrate-monohydrate and vitamin D are licensed to Metabolic Technologies, LLC, under U.S. patents 8,815,280, 9,259,430, and 9,539,224.

Typical Amino Acid Profile Per Serving:	
Alanine	1,290 mg
Arginine	1,095 mg
Aspartic Acid	870 mg
Cysteine	0 mg
Glutamic Acid	1,530 mg
Glycine	3,330 mg
Histidine	150 mg
Hydroxyproline	1,785 mg
Isoleucine	210 mg
Leucine	405 mg
Lysine	540 mg
Methionine	135 mg
Phenylalanine	315 mg
Proline	1,905 mg
Serine	480 mg
Threonine	270 mg
Hydroxylysine	240 mg
Tryptophan	0 mg
Tyrosine	120 mg
Valine	360 mg

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