

PRODUCT BENEFITS: B-100 Complex provides a high potency source of B vitamins to help promote a sufficient daily intake. The B-Complex is essential for the maintenance of a healthy nervous system.* The B-Complex also plays a role in energy metabolism in the body.*

Directions: For adults, take one (1) capsule daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only

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PROD. NO. 50314

To refill please call 1-800-765-6775

or visit www.physiologics.com

Carefully Manufactured by Physiologics, LLC
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Physio**Logics**®

B-100 Complex

Supports
Nervous System Health*

Dietary Supplement
60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	100 mg	6,667%
Riboflavin (Vitamin B-2)	100 mg	5,882%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg	5,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	100 mcg	33%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
Inositol	100 mg	**
Choline (as Choline Bitartrate)	20 mg	**

**Daily Value not established.

Other Ingredients: Hypromellose. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

FREE OF: artificial color, artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature and avoid excessive heat.