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DIRECTIONS: Take four capsules daily, or use as directed by your healthcare professional.

Consult your healthcare professional before use. Individuals taking medication should discuss potential interactions with their healthcare professional. Do not use if tamper seal is damaged.

ActivNutrients® Performance is a premium multivitamin/mineral formula with metabolically active B vitamins and a bioavailable mineral complex for optimal nutrient utilization. In addition to foundational nutrition, this comprehensive formulation features targeted ingredients to support cellular energy production and promote mental and physical vitality.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

 **Quatrefolic®** S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under U.S. Patent 7,947,662.

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ActivNutrients® Performance

Multivitamin/Mineral Formula
for Energy Support*

ePV:



120 Vegetarian Capsules | **Dietary Supplement**

EXCLUSIVE PROFESSIONAL FORMULAS

Supplement Facts

Serving Size: 4 Capsules
 Servings Per Container: 30

Amount Per Serving %DV			Amount Per Serving %DV		
Vitamin A (75% as natural beta-carotene and 25% as retinyl palmitate)	400 mcg	44%	Molybdenum (as molybdenum glycinate chelate) ^{S2}	8 mcg	18%
Vitamin C (as sodium ascorbate, potassium ascorbate, zinc ascorbate, and calcium ascorbate)	45 mg	50%	Potassium (as potassium glycinate complex ^{S2} and potassium ascorbate)	17 mg	0%
Vitamin D3 (cholecalciferol)	12.5 mcg (500 IU)	63%	Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	500 mg	**
Vitamin E (as d-alpha tocopheryl succinate)	31 mg	207%	N-Acetyl-L-Cysteine	200 mg	**
Thiamin (as thiamine mononitrate)	3.5 mg	292%	Bacopa Extract (<i>Bacopa monnieri</i>)(whole plant)(8% bacosides)	200 mg	**
Riboflavin (as riboflavin 5'-phosphate sodium)	3.5 mg	269%	Alpha-Lipoic Acid	100 mg	**
Niacin (as niacinamide and niacin)	11.5 mg	72%	Shilajit (10.3% Dibenzo-α pyrones (DBPs) & Dibenzo-α pyrone Chromoproteins (DCPs))(50% fulvic acids with DBP Core Nucleus) ^{S3}	100 mg	**
Vitamin B6 (as pyridoxal 5'-phosphate)	3.5 mg	206%	Theacrine ^{S4}	100 mg	**
Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt ^{S1} and as calcium folinate)	289 mcg DFE	72%	Milk Thistle Extract (<i>Silybum marianum</i>)(seeds)(30% silybins)	90 mg	**
Vitamin B12 (as methylcobalamin)	89 mcg	3,708%	Green Tea Extract (<i>Camellia sinensis</i>)(leaf)(75% catechins, 45% EGCG)	45 mg	**
Biotin	179 mcg	597%	Mixed Tocopherols	25 mg	**
Pantothenic Acid (as d-calcium pantothenate)	35 mg	700%	Benfotiamine	10 mg	**
Choline (as choline dihydrogen citrate)	6 mg	2%	trans-Resveratrol (from <i>Polygonum cuspidatum</i>)(root)	10 mg	**
Calcium (as di-calcium malate ^{S2} , d-calcium pantothenate, and calcium ascorbate)	17 mg	2%	Inositol	6 mg	**
Iodine (as potassium iodide)	17 mcg	11%	Glucoraphanin (from broccoli extract)(<i>Brassica oleracea italica</i>)(seed) ^{S5}	5.2 mg	**
Magnesium (as di-magnesium malate) ^{S2}	65 mg	15%	Huperzine A (from <i>Huperzia serrata</i>)(whole plant)	200 mcg	**
Zinc (as zinc bisglycinate chelate) ^{S2}	2 mg	18%	Vanadium (as vanadium nicotinate glycinate chelate) ^{S2}	134 mcg	**
Selenium (as selenium glycinate complex) ^{S2}	17 mcg	31%			
Manganese (as manganese bisglycinate chelate) ^{S2}	0.09 mg	4%			
Chromium (as chromium nicotinate glycinate chelate) ^{S2}	89 mcg	254%			

Other Ingredients: Capsule (hypromellose and water), ascorbyl palmitate, silica, and hydroxypropyl cellulose.

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