

SUGGESTED USE Drink throughout the day or before, during and after any activity or exercise as a nutrient-rich means of providing hydration and energy. Mix one level scoop of **Body Fuel** with six to eight ounces of water and stir until dissolved. *Although extremely soluble in water, this product dissolves more rapidly at room temperature than in cold water.* **For answers to questions about the use of this product call 800.800.1200.**

CAUTION *Those with carbohydrate metabolism disorders should use this product with professional guidance.*

This package is sold by weight not by volume. It contains the full weight indicated on the label. Settling of contents can occur during shipment.



UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.


Andrew Lessman
Founder of PROCAPS LABS

QUESTIONS? RE-ORDERS?
CALL 800.800.1200
www.PROCAPSLABS.com



YOURVITAMINS®

430 Parkson Road • Henderson, NV 89011

BODY FUEL®

ULTIMATE ENERGY DRINK

200 MG VITAMIN C • COMPLETE B-COMPLEX • 200 MG POTASSIUM

CONTAINS NO SODIUM, COLORS OR ARTIFICIAL FLAVORS



45 oz (2.8 lb.)(1.28 kg) • 60 Servings

Andrew Lessman's BODY FUEL is a nutritious blend of energy nutrients consisting of a combination of complex carbohydrates (glucose polymers) and fructose for both immediate and sustained “timed release” energy. It provides the “favorite fuel” for your brain to sustain you through periods of fatigue better than the empty calories and sugar crash that will follow a candy bar or other unhealthy snack or beverage. **Body Fuel** also contains high levels of most B-Complex vitamins to aid in energy production and fat metabolism, since just as a car can’t burn fuel without spark plugs, the human body can’t create energy or burn fat without the B-Complex vitamins. Since stress, including exercise, depletes these vital nutrients, **Body Fuel** delivers high potencies of the B-Complex vitamins to support energy production and fat-burning metabolism. Each serving also contains over 300% of the RDI of Vitamin C because of its role in carnitine synthesis, which is essential for all fat-burning metabolism. Vitamin C also acts as a protective anti-oxidant to scavenge the damaging free radicals that can result from exercise. Since the B-Complex vitamins and Vitamin C can be lost through exercise, drinking **Body Fuel** before, during or after activity helps restore these vital and protective nutrients. **Body Fuel** provides Potassium because it is a vital electrolyte that is critical for healthy heart and brain function, but it is difficult to acquire by diet and is easily depleted by physical activity. Lastly, because many individuals restrict sodium intake and because sodium is so easily acquired in the diet, **Body Fuel** contains **NO Sodium**.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Facts

Serving Size		1 Scoop (21g)	
Servings Per Container		60	
Amount Per Serving			
Calories		80	
Calories from Fat		0	
		%DV*	
Total Fat	0g	0%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Potassium	200mg	6%	
Total Carbohydrate	20g	7%	
Dietary Fiber	0g	0%	
Sugars	16g		
Protein	0g	0%	
Vitamin A	0%	Vitamin C	330%
Calcium	0%	Iron	0%
Vitamin B1	170%	Vitamin B2	150%
Niacin	10%	Vitamin B6	120%
Folic Acid	6%	Vitamin B12	420%
Biotin	8%	Pantothenic Acid	120%
* Percent Daily Values (%DV) are based on a 2,000 calorie diet.			
Your daily values may be higher or lower depending on your calorie needs:			
Calories:		2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:	Fat 9	Carbohydrate 4	Protein 4

Ingredients: Fructose, Maltodextrin, Natural Lemon-Lime Flavoring, Potassium Citrate. **Contains 2 Percent or less of:** Potassium Ascorbate, Citric Acid, Calcium Pantothenate, Niacinamide, Thiamin Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin, Folic Acid, Biotin.