

USAGE: Take 1 softgel 1 or 2 times per day or as directed by your qualified healthcare professional.

Jarrow Formulas® Extra Virgin Organic Coconut Oil (*Cocos nucifera*) is **expeller-pressed** from the dried flesh (copra) of the coconut palm fruit, and does not utilize any chemical solvents in the manufacturing process. Coconut oil is a source of medium chain triglycerides (MCTs), such as lauric acid (C-12) and caprylic acid (C-8).

- Made with Certified Organic Coconut Oil
- Non-GMO
- Cold-Pressed, Solvent Free
- No Trans Fat

Keep out of the reach of children.

02513COCOXVCAP PROD # 116047



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CERTIFIED ORGANIC

Lot #. Best Used Before:

Jarrow
FORMULAS

Extra Virgin Coconut Oil

Made With
Organic Extra Virgin
Coconut Oil



1000
MILLIGRAMS

120
SOFTGELS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 120

Amount Per Serving

Calories 11

Calories from Fat 9

% Daily Value*

Total Fat 1 g

2%

Saturated Fat 880 mg

4%

Trans Fat 0 g

Polyunsaturated Fat 6 mg

Monounsaturated Fat 35 mg

* Percent Daily Values are based on a 2,000 calorie diet.
Not a significant source of Vitamin A, C, Iron or Calcium.

Ingredients: 100% expeller pressed, organic, extra virgin coconut oil. Softgel consists of gelatin, glycerin, purified water and carob (as a light barrier).

Contains: Tree nuts (coconut).

No wheat, no gluten,
no soybeans, no dairy,
no egg, no fish/shellfish,
no peanuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

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Certified Organic by QAI.

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