

USAGE: Take 1 softgel 3 to 4 times per day with meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® CLA contains conjugated linoleic acid (CLA), a unique optical isomer of the polyunsaturated fatty acid linoleic acid. CLA is a lipid component of cell membranes and breast milk. Although dietary sources of CLA typically include red meat and dairy products, **Jarrow Formulas® CLA** is derived from safflower oil. CLA has been shown in animal experiments to assist in glucose metabolism and enhancement/retention of lean body mass (muscle).*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
F O R M U L A S

Conjugated Linoleic Acid

CLA

750 mg CLA from 1000 mg Safflower Oil

Helps Reduce Body Fat*

Helps Maintain Lean Body Mass*

90
SOFTGELS

DIETARY
SUPPLEMENT

Tonalin
For reducing body fat

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 90

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	2%
Conjugated Linoleic Acid (Tonalin®)	750 mg	*
Safflower oil base	250 mg	*

* Daily Value not established.

Other Ingredient: Mixed tocopherols. Softgel consists of gelatin, glycerin, water and natural caramel color (added as a light barrier).

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Store in a cool, dry place.

Tonalin® CLA is an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

10513CLA90 PROD # 116010

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com



Lot #. Best Used Before:

© 2013 **Jarrow FORMULAS®**