

VALUE SIZE

DIRECTIONS: FOR ADULTS, TAKE (1) MICROLOZENGE DAILY, PREFERABLY WITH A MEAL. PLACE MICROLOZENGE UNDER TONGUE FOR 30 SECONDS BEFORE SWALLOWING. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Microlozenge

Amount Per Serving		%Daily Value
Vitamin B-12 (as Methylcobalamin)	5,000 mcg (5 mg)	83,333%

Other Ingredients: Mannitol, Vegetable Cellulose. **Contains <2% of:** Natural Cherry Flavor, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



PLEASE
RECYCLE

VALUE SIZE

Sundown
Naturals

Quick Dissolve...

METHYLCOBALAMIN

B-12

5000 MCG

**Cherry
Flavor**



**Bioavailable Form of B-12
Supports Energy Metabolism***



VEGETARIAN FORMULA

90 MICROLOZENGES DIETARY SUPPLEMENT

VALUE SIZE

**Smart
Facts**

Methylcobalamin is the preconverted form of Vitamin B12. Cyanocobalamin, the common form of B12, needs to be converted by the body into the methylcobalamin form. Sundown Naturals provides the metabolically active form in a quick dissolve microlozenge for immediate action.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.**

**FREE OF
Gluten &
Wheat**

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com



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