

Directions: For adults, take one (1) nugget daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Laboratory Tested to Guarantee Quality

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PROD. NO. 50298

To refill please call 1-800-765-6775

or visit www.physiologics.com

Carefully Manufactured by Physiologics, LLC

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Physio**Logics**®

Methylcobalamin (Vitamin B-12)

5000 mcg

**Supports Energy Metabolism and
Nervous System Health***

Dietary Supplement
120 Nuggets

Supplement Facts

Serving Size 1 Nugget

Amount Per Serving	%Daily Value
Vitamin B-12 (as Methylcobalamin) 5,000 mcg (5 mg)	83,333%

Other Ingredients: Mannitol, Cellulose (Plant Origin), Vegetable Stearic Acid. **Contains <2% of:** Croscarmellose, Natural Cherry Flavor, Silica, Vegetable Magnesium Stearate.

FREE OF: artificial color, artificial flavor, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature and avoid excessive heat.