

**SUGGESTED USE** Consume one or more capsules daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with **ANDREW LESSMAN'S Life Rx™** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

**UNSURPASSED.**  
*Purity. Quality. Integrity. Effectiveness.*



*Andrew Lessman*  
Andrew Lessman  
Founder of ProCAPS LABS

**QUESTIONS? RE-ORDERS?**  
**CALL 800.800.1200**  
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430 Parkson Road • Henderson, NV 89011

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# PINE BARK OPC ANTI-OXIDANTS™

**OLIGOMERIC PROANTHOCYANIDINS (OPCs)**  
**PINE BARK COMPLEX WITH GRAPE SEED EXTRACT**





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360 Easy-to-Swallow Capsules

**Andrew Lessman's PINE BARK OPC ANTI-OXIDANTS** combines the benefits of our high potency standardized Pine Bark extracts, as well as Grape Seed, to deliver our highest potency OPC (oligomeric proanthocyanidin) formula. The active ingredients in Pine Bark and Grape Seed extracts are known as oligomeric proanthocyanidins (OPCs), which are natural polyphenols that provide powerful anti-oxidant protection to support a wide variety of tissues and organ systems in the body. Studies have shown that OPCs are better free-radical scavengers than Vitamin E, and epidemiologic evidence suggests that a diet high in these nutrients may help to support the health and integrity of the heart and cardiovascular system. Pine Bark has been shown to protect the heart and blood vessels from free-radical damage and research further demonstrates the efficacy of Pine Bark in also supporting the nervous, immune and ocular (eye) systems. **Pine Bark OPC** utilizes special forms of Pine Bark extracts from around the world to capture the widest range of naturally occurring OPC anti-oxidants available. We also add our special standardized Grape Seed extract, which is the other exceptional source of powerful OPC anti-oxidants. **Pine Bark OPC** offers a unique combination of exceptionally powerful anti-oxidants that target and neutralize a broad range of damaging free radicals in the most important and vulnerable tissues within the body.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative or manufacturing additive.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS OF ANY KIND.**

| <b>Supplement Facts</b>                                                            |        | Serving Size 1 Capsule     |
|------------------------------------------------------------------------------------|--------|----------------------------|
|                                                                                    |        | Servings Per Container 360 |
| Amount Per Serving                                                                 |        | %DV*                       |
| Vitamin C (as calcium ascorbate)                                                   | 60 mg  | 100%                       |
| Calcium (as carbonate/ascorbate)                                                   | 40 mg  | 4%                         |
| Magnesium (as magnesium oxide)                                                     | 20 mg  | 5%                         |
| Pine Bark Extract Blend (standardized to 83-95% proanthocyanidins/75% polyphenols) | 100 mg | †                          |
| Grape Seed, extract (seed) standardized to 90% polyphenols                         | 20 mg  | †                          |

\* %DV are based on a 2,000 calorie diet. † DV not established.

Other Ingredients: Gelatin capsule.