

Jarrow
FORMULAS

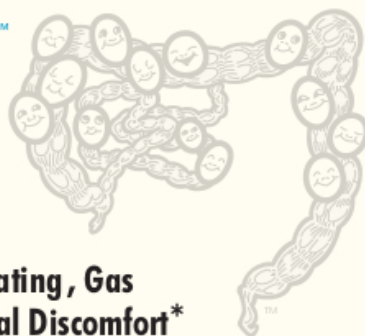
Ideal Bowel Support® 299v™

L. plantarum 299v

Jarrow
FORMULAS

Ideal Bowel Support®

299v™
L. plantarum 299v



**Reduces Bloating, Gas
and Intestinal Discomfort***

Supports Regularity*

**Dairy-Free
Gluten-Free**



**10
BILLION
PER CAPSULE**



**30
CAPSULES** **PROBIOTIC
SUPPLEMENT**

Recommended Use: Take 1 capsule 1 or 2 times per day with a meal or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Ideal Bowel Support® 299v™ contains a clinically-documented, human-origin probiotic strain, *L. plantarum* 299v, that resists stomach acid and bile salts and demonstrated specific adherence properties for colonization of human intestinal mucosa. *L. plantarum* 299v has been used in human clinical studies for intestinal health and function.*

Each capsule contains a minimum of 10 billion *L. plantarum* 299v viable cells.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 30
Amount Per Serving % DV	
<i>Lactobacillus plantarum</i> 299v	10 Billion Viable Cells †
† Daily Value not established.	

Other Ingredients: Potato starch and magnesium stearate (vegetable source). Vegetarian capsule consists of hydroxypropylmethylcellulose.

Contains: Soy (in trace amounts).

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

NOTE: Color of product naturally varies from white to tan.

Store in a dry and cool place. Does not require refrigeration, although refrigeration will further ensure shelf life.

Suitable for vegetarians/vegans.

Jarrow Formulas® puts the "PRO" in probiotics®

Dairy-Free • Gluten-Free



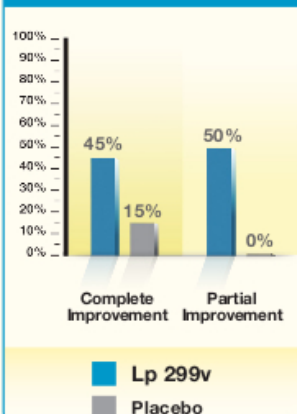
MADE IN CANADA
Jarrow FORMULAS®
Superior Nutrition and Formulation™
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Los Angeles, CA 90035-4317
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11313IBS PROD # 103028



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Improvement In Intestinal Discomfort†



† The controlled, double-blind, randomized study by Niedzielin *et al.* evaluating Lp 299v vs. placebo was done on 40 subjects affected by bloating, gas and intestinal discomfort.*

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Lot #: Best Used Before: